

Event Calendar

December 2024

01 — Sunday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

02 — Monday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

03 — Tuesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

04 — Wednesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

05 — Thursday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

06 — Friday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

07 — Saturday

09:00 — 09:00 HART Sport Zone Championships

13:00 — 16:00 UTS Norths All Comers - Tompkins Series

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

08 — Sunday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

09 — Monday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

10 — Tuesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

11 — Wednesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

12 — Thursday

09:00 — 21:00 NSW Milers III

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

13 — Friday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

14 — Saturday

09:00 — 09:00 Treloar Shield - Final

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

15 — Sunday

09:00 — 09:00 Under 20s and Open Narrabeen Pole Vault Meet

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

16 — Monday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

17 — Tuesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18 — Wednesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

19 — Thursday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18:00 — 21:00 Hunter Throws Night

20 — Friday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

21 — Saturday

09:00 — 09:00 High Velocity - Blacktown

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

22 — Sunday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

23 — Monday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

24 — Tuesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

25 — Wednesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

26 — Thursday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

27 — Friday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

28 — Saturday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

29 — Sunday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

30 — Monday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

31 — Tuesday

09:00 — 09:00 HART Sport Zone Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

January 2025

01 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

02 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

03 — Friday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

04 — Saturday

09:00 — 09:00 High Velocity - Illawong

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

05 — Sunday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

06 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

07 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

08 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

09 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

10 — Friday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

11 — Saturday

09:00 — 09:00 Illawarra Track Challenge

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

12 — Sunday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

13 — Monday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

14 — Tuesday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

15 — Wednesday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

16 — Thursday

09:00 — 09:00 NSW Milers V

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

17 — Friday

09:00 — 09:00 NSW Country Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18 — Saturday

09:00 — 09:00 NSW Country Championships

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

19 — Sunday

09:00 — 09:00 NSW Country Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

20 — Monday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

21 — Tuesday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

22 — Wednesday

09:00 — 15:00 School Holiday Camp

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

23 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

24 — Friday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

25 — Saturday

09:00 — 09:00 NSW Combined Events Championships (13's (U14)-Masters)

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

26 — Sunday

09:00 — 09:00 NSW Combined Events Championships (13's (U14)-Masters)

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

27 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

28 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

29 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

30 — Thursday

09:00 — 09:00 NSW Milers VI

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

31 — Friday

17:00 — 20:00 Officials Training Course (Region 3)

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

February 2025

01 — Saturday

09:00 — 17:00 Region Championships - 16's (U17) / 17's (U18) / U20 / Multi-class

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

02 — Sunday

09:00 — 17:00 Region Championships - 16's (U17) / 17's (U18) / U20 / Multi-class

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

03 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

04 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

05 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

06 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

07 — Friday

09:00 — 17:00 Region Championships - 16's (U17) / 17's (U18) / U20 / Multi-class

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

08 — Saturday

09:00 — 09:00 NSW 5000m Championships

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

09 — Sunday

08:45 — 16:00 Level 1 Recreational Running Coach Course (Face to Face)

09:00 — 09:00 NSW Throwers Club

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

10 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

11 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

12 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

13 — Thursday

09:00 — 23:59 Gosford Athletics Throws Night

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

14 — Friday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

15 — Saturday

09:00 — 09:00 High Velocity - Illawong

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

16 — Sunday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

17 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

19 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

20 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

21 — Friday

09:00 — 09:00 NSW Masters Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

22 — Saturday

09:00 — 09:00 NSW Masters Championships

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

23 — Sunday

09:00 — 09:00 NSW Masters Championships

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

24 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

25 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

26 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

27 — Thursday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

28 — Friday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

March 2025

01 — Saturday

14:00 — 16:15 Girraween Athletics All Comers Series

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

02 — Sunday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

03 — Monday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

04 — Tuesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

05 — Wednesday

17:30 — 19:30 Athletics Wollongong Track and Field All-comers Series

06 — Thursday

09:00 — 09:00 NSW Milers VII

07 — Friday

No events

08 — Saturday

14:00 — 16:15 Girraween Athletics All Comers Series

09 — Sunday

08:45 — 17:00 Advanced Recreational Running Coach Course - Level 2 (Face to Face)

10 — Monday

No events

11 — Tuesday

No events

12 — Wednesday

No events

13 — Thursday

09:00 — 09:00 NSW Junior Championships

14 — Friday

09:00 — 09:00 NSW Junior Championships

15 — Saturday

09:00 — 09:00 Sydney Track Classic

14:00 — 16:15 Girraween Athletics All Comers Series

16 — Sunday

09:00 — 09:00 NSW Junior Championships

17 — Monday

No events

18 — Tuesday

No events

19 — Wednesday

No events

20 — Thursday

09:00 — 09:00 NSW Open Championships

21 — Friday

09:00 — 09:00 NSW Open Championships

22 — Saturday

09:00 — 09:00 NSW Little Athletics Championships

23 — Sunday

09:00 — 10:30 Level 1 Recreational Running Coach Course (Online)

24 — Monday

No events

25 — Tuesday

No events

26 — Wednesday

No events

27 — Thursday

No events

28 — Friday

No events

29 — Saturday

08:30 — 17:30 Level 2 Development Coach Course (Face to Face)

30 — Sunday

08:30 — 17:30 Level 2 Development Coach Course (Face to Face)

09:00 — 10:30 Level 1 Recreational Running Coach Course (Online)

31 — Monday

No events

April 2025

01 — Tuesday

No events

02 — Wednesday

No events

03 — Thursday

No events

04 — Friday

00:00 — 18:00 2025 Australian Athletics Championships

05 — Saturday

00:00 — 18:00 2025 Australian Athletics Championships

06 — Sunday

00:00 — 18:00 2025 Australian Athletics Championships

09:00 — 10:30 Level 1 Recreational Running Coach Course (Online)

07 — Monday

00:00 — 18:00 2025 Australian Athletics Championships

08 — Tuesday

00:00 — 18:00 2025 Australian Athletics Championships

09 — Wednesday

00:00 — 18:00 2025 Australian Athletics Championships

10 — Thursday

00:00 — 18:00 2025 Australian Athletics Championships

11 — Friday

00:00 — 18:00 2025 Australian Athletics Championships

12 — Saturday

00:00 — 18:00 2025 Australian Athletics Championships

13 — Sunday

00:00 — 18:00 2025 Australian Athletics Championships

09:00 — 10:30 Level 1 Recreational Running Coach Course (Online)

14 — Monday

No events

15 — Tuesday

No events

16 — Wednesday

No events

17 — Thursday

No events

18 — Friday

No events

19 — Saturday

No events

20 — Sunday

No events

21 — Monday

No events

22 — Tuesday

No events

23 — Wednesday

19:00 — 20:30 Level 1 Youth Coach Course (Online)

24 — Thursday

No events

25 — Friday

No events

26 — Saturday

No events

27 — Sunday

08:45 — 17:00 Advanced Recreational Running Coach Course - Level 2 (Face to Face)

28 — Monday

No events

29 — Tuesday

No events

30 — Wednesday

19:00 — 20:30 Level 1 Youth Coach Coach Course (Online)

May 2025

01 — Thursday

No events

02 — Friday

No events

03 — Saturday

No events

04 — Sunday

No events

05 — Monday

No events

06 — Tuesday

No events

07 — Wednesday

19:00 — 20:30 Level 1 Youth Coach Coach Course (Online)

08 — Thursday

No events

09 — Friday

No events

10 — Saturday

No events

11 — Sunday

No events

12 — Monday

No events

13 — Tuesday

No events

14 — Wednesday

19:00 — 20:30 Level 1 Youth Coach Coach Course (Online)

15 — Thursday

No events

16 — Friday

No events

17 — Saturday

No events

18 — Sunday

08:45 — 16:00 Level 1 Recreational Running Coach Course (Face to Face)

09:00 — 09:00 Sydney 10

19 — Monday

No events

20 — Tuesday

No events

21 — Wednesday

19:00 — 20:30 Level 1 Youth Coach Coach Course (Online)

22 — Thursday

No events

23 — Friday

No events

24 — Saturday

No events

25 — Sunday

No events

26 — Monday

No events

27 — Tuesday

No events

28 — Wednesday

18:45 — 20:15 Advanced Recreational Running Coach (Level 2) - Online Course

29 — Thursday

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

30 — Friday

No events

31 — Saturday

No events

June 2025

01 — Sunday

No events

02 — Monday

No events

03 — Tuesday

No events

04 — Wednesday

18:45 — 20:15 Advanced Recreational Running Coach (Level 2) - Online Course

05 — Thursday

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

06 — Friday

No events

07 — Saturday

No events

08 — Sunday

08:45 — 17:00 Advanced Recreational Running Coach Course - Level 2 (Face to Face)

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

09 — Monday

No events

10 — Tuesday

No events

11 — Wednesday

18:45 — 20:15 Advanced Recreational Running Coach (Level 2) - Online Course

12 — Thursday

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

13 — Friday

No events

14 — Saturday

No events

15 — Sunday

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

16 — Monday

No events

17 — Tuesday

No events

18 — Wednesday

18:45 — 20:15 Advanced Recreational Running Coach (Level 2) - Online Course

19 — Thursday

18:45 — 20:15 Level 1 Recreational Running Coach Course (Online)

20 — Friday

No events

21 — Saturday

No events

22 — Sunday

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

23 — Monday

No events

24 — Tuesday

No events

25 — Wednesday

18:45 — 20:15 Advanced Recreational Running Coach (Level 2) - Online Course

26 — Thursday

No events

27 — Friday

No events

28 — Saturday

No events

29 — Sunday

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

30 — Monday

No events

July 2025

01 — Tuesday

No events

02 — Wednesday

No events

03 — Thursday

No events

04 — Friday

No events

05 — Saturday

No events

06 — Sunday

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

07 — Monday

No events

08 — Tuesday

No events

09 — Wednesday

No events

10 — Thursday

No events

11 — Friday

No events

12 — Saturday

No events

13 — Sunday

17:00 — 18:30 Level 2 Development Coach Course (Online and Face to Face)

14 — Monday

No events

15 — Tuesday

No events

16 — Wednesday

No events

17 — Thursday

No events

18 — Friday

No events

19 — Saturday

No events

20 — Sunday

08:30 — 17:00 Level 2 Development Coach Course (Online and Face to Face)

21 — Monday

No events

22 — Tuesday

No events

23 — Wednesday

No events

24 — Thursday

No events

25 — Friday

No events

26 — Saturday

No events

27 — Sunday

No events

28 — Monday

No events

29 — Tuesday

No events

30 — Wednesday

No events

31 — Thursday

No events

August 2025

01 — Friday

No events

02 — Saturday

No events

03 — Sunday

No events

04 — Monday

No events

05 — Tuesday

No events

06 — Wednesday

No events

07 — Thursday

No events

08 — Friday

No events

09 — Saturday

No events

10 — Sunday

No events

11 — Monday

No events

12 — Tuesday

No events

13 — Wednesday

No events

14 — Thursday

No events

15 — Friday

No events

16 — Saturday

No events

17 — Sunday

No events

18 — Monday

No events

19 — Tuesday

No events

20 — Wednesday

No events

21 — Thursday

No events

22 — Friday

No events

23 — Saturday

No events

24 — Sunday

No events

25 — Monday

No events

26 — Tuesday

No events

27 — Wednesday

No events

28 — Thursday

No events

29 — Friday

No events

30 — Saturday

No events

31 — Sunday

No events

September 2025

01 — Monday

No events

02 — Tuesday

No events

03 — Wednesday

No events

04 — Thursday

No events

05 — Friday

No events

06 — Saturday

No events

07 — Sunday

No events

08 — Monday

No events

09 — Tuesday

No events

10 — Wednesday

No events

11 — Thursday

No events

12 — Friday

No events

13 — Saturday

No events

14 — Sunday

No events

15 — Monday

No events

16 — Tuesday

No events

17 — Wednesday

No events

18 — Thursday

No events

19 — Friday

No events

20 — Saturday

No events

21 — Sunday

No events

22 — Monday

No events

23 — Tuesday

No events

24 — Wednesday

No events

25 — Thursday

No events

26 — Friday

No events

27 — Saturday

09:00 — 09:00 2025 NSW All Schools

28 — Sunday

09:00 — 09:00 2025 NSW All Schools

29 — Monday

09:00 — 09:00 2025 NSW All Schools

30 — Tuesday

09:00 — 09:00 2025 NSW All Schools

October 2025

01 — Wednesday

09:00 — 09:00 2025 NSW All Schools

02 — Thursday

No events

03 — Friday

No events

04 — Saturday

No events

05 — Sunday

No events

06 — Monday

No events

07 — Tuesday

No events

08 — Wednesday

No events

09 — Thursday

No events

10 — Friday

No events

11 — Saturday

No events

12 — Sunday

No events

13 — Monday

No events

14 — Tuesday

No events

15 — Wednesday

No events

16 — Thursday

No events

17 — Friday

No events

18 — Saturday

No events

19 — Sunday

No events

20 — Monday

No events

21 — Tuesday

No events

22 — Wednesday

No events

23 — Thursday

No events

24 — Friday

No events

25 — Saturday

No events

26 — Sunday

No events

27 — Monday

No events

28 — Tuesday

No events

29 — Wednesday

No events

30 — Thursday

No events

31 — Friday

No events