

NSW RELAY CHAMPIONSHIP MEET RECORDS

(@ 1 November 2016)

Notes about the records:

- Records can only be achieved at the NSW Relay Championships.
- There is on going research to update and complete these records. Corrections to David.Tarbotton@nswis.com.au

OPEN FEMALES

4 x 100m	45.68	Cumberland Ryde Hornsby	1994
4 x 200m	1:36.40	Illawong	2015
		(Abbie Taddeo, Jess Thornton, Luisa Healey, Elly Graf)	
4 x 400m	3:38.84	Newcastle Region	2011
		(Jacarna Bain-Fenton, Sheena Steinert, Emily Coppins, Pirrenee Steinert)	
4 x 800m	8:45.54	Eastern Suburbs	1985
4 x 1500m	18:03.97	Sydney University	2013
		(Milly Clark, Kelly Young, Nat Archer, Jenny Blundell)	
4 x Medley	3:50.38	Sydney University	2013
		(Jenny Blundell 800m, Anneliese Rubie 400m, Ella Nelson 200m, Liz Jenkins 200m)	
4 x 1500m Walk	27.18.45	Asics West	2004
4 x Shot Put	54.14m	Sutherland	1995
4 x Discus	184.42m	Bankstown Sports	1998
4 x Long Jump	21.58m	Asics West	1993
4 x High Jump	6.60m	Asics West	1994
	6.60m	Sydney Pacific	2002
	6.60m	Sydney Uni	2015
		(Nicola McDermott 1.80m, Rebecca Clark 1.65m, Gen Cowie 1.55m, Josie Nichol 1.60m)	
4 X Pole Vault	9.40m	Wallsend	2002
4 x Hammer	210.43m	Sutherland	2002
4 x Javelin	152.35	Bankstown Sports	2007

UNDER 20 FEMALES

4 x 100m	47.31	Cumberland Ryde Hornsby	1994
4 x 200m	1:39.5	Ryde	1981
		(Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	
4 x 400m	3:46.70	Ryde	1980
4 x 800m	8:57.62	Randwick Botany	2005
		(Selma Kajan, Lara Tamsett, Amy Neville, Claire Doyle)	
4 x 1500m	18:22.47	Randwick Botany	2015
		(Lily & Amy Harding-Delooze, Georgia Evans, Emily Hopper)	

UNDER 18 FEMALES

4 x 100m	47.57	Ryde	1980
		(Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	
4 x 200m	1:39.5	Ryde	1981
		(Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	
4 x 400m	3:46.70	Ryde	1980
4 x 800m	8:57.62	Randwick Botany	2005

		(Selma Kajan, Lara Tamsett, Amy Neville, Claire Doyle)	
4 x 1500m	18:22.47	Randwick Botany	2015
		(Lily & Amy Harding-Delooze, Georgia Evans, Emily Hopper)	
4 x 1500m Walk	28:54.37	Sydney Pacific	2003
4 x Shot Put	57.47m	Hills	2012
		(Taylah Sengul 15.73m, Jeanette Kepu-Clarke 13.69m, Samantha Farrant 13.10m, Jaimee Farrant 10.85m)	
4 x Discus	167.51m	Bankstown Sports	1998
4 x Long Jump	21.20m	Sutherland	2002
4 x High Jump	6.55m	Illawong	2005
		(Sally Page 1.70m, Mia Mackinnon 1.70m, Amy Page 1.65m, Sarah Whatley 1.55m)	
	6.55m	Illawong	2014
		(Georgia Kalnin 1.70m, Lyndal Schnabel 1.65m, Charlotte O'Brien 1.65m, Lauren Samrani 1.55m)	
4 x Hammer	153.56m	Asics West	1995
4 x Javelin	134.70m	St George	2009
		(Alison Severino 39.01, Sonya Kelly 37.20, Zoe Schubert 33.10, Matlida Werner 31.89)	

UNDER 16 FEMALES

4 x 100m	48.40	UTS Northern Suburbs	2011
		(Gabriella O'Grady, Nicola Haggarty-Mayers, Courtney Boyle, Katrina Hunt)	
4 x 200m	1:40.28	South Coast	1988
4 x 400m	3:53.47	Kur-ing-gai	1985
4 x 800m	8:59.40	Randwick Botany	2013
		(Manon Wilson, Georgia Evans, Amy Harding-Delooze, Lily Harding-Delooze)	
4 x 1500m	18:37.21	Randwick Botany	2013
		(Manon Wilson, Samantha King, Georgia Evans, Amy Harding-Delooze)	

UNDER 14 FEMALES

4 x 100m	50.05	Cumberland Ryde Hornsby	1991
4 x 200m	1:43.99	Western Suburbs	1983
4 x 400m	4:02.92	Springwood	2000
4 x 800m	9:31.74	Macquarie Hunter	2015
		(Kaitlyn Klein, Sarah Pickering, Montana Monk, Charlotte Lowe)	
4 x 1500m	19:47.71	Macquarie Hunter	2015
		(Kaitlyn Klein, Sarah Pickering, Montana Monk, Charlotte Lowe)	
4 x 1500m Walk	29:40.8	Nepean	1994
4 x Shot Put	46.24m	Westfields	2007
4 x Discus	134.13m	Hills District	2008
		(Taylah Sengul 38.07, Filoi Aokuso 37.87, Samantha Farrant 30.21, Daniela Mayol 27.98)	
4 x Long Jump	18.73m	Cherrybrook	2005
		(Dearne Eros 4.91m, Amy Pejkovic 4.81m, Hannah Burgess 4.63m, Emma Hunt 4.38m)	
4 x High Jump	5.90m	Newcastle Hunter Region	1999

MASTERS OVER 120+ FEMALE

4 x 100m	49.61	NSW Masters	2008
4 x 200m	1:45.45	Sydney Pacific	2006
4 x 400m	4:03.90	NSW Masters	2005
4 x 800m	9:44.24	Reebok/Sydney Pacific	1993

4 x 1500m	19:56.05	Reebok/Sydney Pacific	1993
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MASTERS OVER 160+ FEMALE

4 x 100m	49.44	NSW Masters	2008
4 x 200m	1:43.90	NSW Masters	2005
4 x 400m	4:14.05	NSW Masters	2005
4 x 800m	10:12.93	Sydney University	2002
4 x 1500m	20:14.91	St George	2011

(Belinda Martin, Karen Stanley, Suzanne Harrington, Robyn Basman)

MASTERS OVER 200+ FEMALE

4x 100m	56.63	UTS Norths	2015
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(Jenny Schell, Kylie Strong, Jackie Bezuidenhout, Deborah Drennan)

4 x 200m	2:03.27	UTS Norths	2014
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(Debra Drennan, Suzanne Brown, Jenny Schell, Gabbie Whelan)
Jenny Schell, Kylie Strong, Jackie Bezuidenhout, Deborah Drennan

4 x 400m	4:40.30	UTS Norths	2014
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(Gabbie Whelan, Jackie Bezuidenhout, Debra Drennan, Maria Cimino)

4 x 800m	10:54.18	Sydney Pacific	2015
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(Paula Moorhouse, Kriszta Kovacs, Amanda Coombe, Janelle Delaney)

MASTERS (All Age) FEMALE

4 x Shot Put	39.82m	UTS Norths	2009
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(Marie Kay 10.29m, Melissa Bonser 10.22, Pam Mountfield 9.36m, Caroline Layt 9.95m)

4 x Javelin	93.51m	UTS Norths	2015
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(Beck Myors 24.39m, Maria Cimino 21.17m, Alice Bohdan 27.43m, Caroline Layt 20.52m)

OPEN MALES

4 x 100m	39.51	Sydney University	2015
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(Josh Clarke, Jin Su Jung, Nick Hough and Jarrod Geddes)

4 x 200m	1:23.04	Homebush Track	1998
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(Scott Vassella, Shem Hollands, Dean Capobianco, Peter Vassella)

4 x 400m	3:08.04	Eastern Suburbs	1991
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4 x 800m	7:27.95	UTS Northern Suburbs	2009
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(Frazer Dowling, James Gurr, Nick Bromley, Tristan Garrett)

4 x 1500m	15:17.91	Randwick-Botany	2007
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(Jeff Farrelly, Jeff Hunt, Brad Woods, Jeremy Roff)

4 x Medley	3:18.76	Sydney University	2012
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(Lachlan Renshaw 1:49, Josh Ralph 46.7, Henry Mitchell 21, Nick Hough 20)

4 x 1500m Walk	22:44.21	Bankstown	1997
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4 x Shot Put	53.98	Bankstown	2005
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(Emanuele Fuamatu 15.78m, Steven Sefo 13.18m, Jorg Probst 12.58m, Rangi Ivaiti 12.44m)

4 x Discus	178.78	Newcastle Region	2011
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(Liam Speers 51.29m, Mitchell Cooper 46.56m, Ben Fitzgerald 52.50m, Matt Harris 38.43m)

4 x Long Jump	27.06m	UTS Norths	1996
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4 x High Jump	8.20m	Macquarie Hunter	2010
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(Mark Taylor 2.15, Nick Moroney 2.10, Miles Cole-Clark 2.00, Liam Wanless 1.95)

4 x Pole Vault	17.25m	Campbelltown	2002
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4 x Hammer	198.1m	Sutherland	2004
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4 x Javelin	258.21m	Asics Wests	2015
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(Ben Baker 62.96m, Saxon Ward 59.43m, Rhys Stein 72.93m, John Crandell 62.89m)

UNDER 20 MALES

4 x 100m	41.75	Westfields Sports	2001
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(Fabrice Lapiere, Joven Clarke, Paul Stickler, Aaron Warbuton)

4 x 200m	1:25.48	Manly Warringah	1983
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(Jeff Champion 64, Clayton Kearney 64, Ian Mace 66, Gary Theodore 65)

4 x 400m	3:14.61	Tiger West	1986
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4 x 800m	7:39.31	Mingara	2011
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(Angus Baldwin, Craig Cameron, Jesse Beadman, Rob Dredge)

4 x 1500m	16:01.70	Manly Warringah	1983
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(Alex Law 64, Colin Dalton 66, Warwick Andrews 65, Phillip Patterson 64)

UNDER 18 MALES

4 x 100m	42.07	Trinity Athletics Club	2013
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(Eric Ong, Taylor Currie, Ben Hyslop, Luke Houssarini)

4 x 200m	1:28.41	Newcastle Hunter	1987
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4 x 400m	3:20.04	Bankstown Sports	2000
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4 x 800m	7:46.20	UTS Norths	2000
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(Anthony Andreatta , Joel Fitzgerald, Nick Bromley, Sam Hall)

4 x 1500m	16:27.80	Cumberland Ryde Hornsby	1994
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4 x 1500m Walk	26:38.58	Nepean	2006
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4 x Shot Put	61.78m	Bankstown Sports	2001
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4 x Discus	194.09m	Bankstown Sports	2000
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4 x Long Jump	25.31m	Westfields	2008
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(Kurt Jenner 6.95, Andrew Neville 6.80, Brad Sharne 6.01, Jason Hanna 5.55)

4 x High Jump	7.65m	Sydney Pacific	2000
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4 x Hammer	192.64m	Westfields	2000
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4 x Javelin	216.23m	Asics Wests	2011
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(Elliott Lang 69.24m, Jake Stein 55.84m, Rhys Stein 52.33m, Steven Jessep 38.82m)

UNDER 16 MALES

4 x 100m	43.89	Trinity	2015
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(Byron Hollingworth-Dessent, Dean Kalliris, Sebastien Moir and Chris Ius)

4 x 200m	1:31.25	Newcastle Hunter	1986
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	1:31.25	Trinity	2015
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(Byron Hollingworth-Dessent, Sebatsien Moir, Dean Kalliris and Mark Fokas)

4 x 400m	3:27.98	South Coast	1985
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4 x 800m	8:08.55	South Coast	1985
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4 x 1500m	17:08.08	South Sydney	1987
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(Michael Amante, Aaron Hunt, Leigh Tracey, Damien Vonwiller, all 1972)

UNDER 14 MALES

4 x 100m	46.59	Newcastle Hunter	1985
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4 x 200m	1:35.60	Newcastle Hunter	1985
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4 x 400m	3:54.18	Liverpool	1984
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4 x 800m	9:05.00	Sutherland	1982
4 x 1500m	18:48.39	Newcastle Veterans	2012
		(Caleb Agostini, Alex Balogh, Callum Lang, Jessie Maxwell)	
4 x 1500m Walk	29:59.76	Illawong	1999
4 x Shot Put	58.43m	Bankstown Sports	1997
4 x Discus	161.30m	Bankstown Sports	1997
4 x Long Jump	21.13m	Westfields	2002
4 x High Jump	6.40m	Penrith	2002

MASTERS OVER 120+ MALE

4 x 100m	43.37	Reebok	1996
		(Martin Lynch, Graham Court, Gary Theodore, Clayton Kearney)	
4 x 200m	1:32.93	Randwick Botany	2001
4 x 400m	3:28.00	Uni NSW	2006
4 x 800m	8:13.84	Athletics Easts	2003
		(Chamkaur Dhaliwal, Peter Sweeny, Ken Wilson, Matt Lynch)	
4 x 1500m	16:50.13	UTS Norths	1995

MASTERS OVER 160+ MALE

4 x 100m	44.65	Sydney Pacific	2008
		(Chas Barclay, Dave Isackson, Rod Clarke, Krzysztof Wardecki)	
4 x 200m	1:34.80	Sydney Pacific	2002
		(Dave Isackson, Phil Lyons, John Morison, Peter Crombie)	
4 x 400m	3:35.30	Reebok	1998
		(Peter Crombie, John Morison, Dany Hasler, Terry Ryan)	
4 x 800m	8:33.36	UTS Norths	1997
4 x 1500m	17:15.71	Sydney Striders	2006

MASTERS OVER 200+ MALE

4 x 100m	45.59	Sydney Pacific	2003
		(Martin Lynch, Phil Lyons, Dave Isackson, Peter Crombie)	
4 x 200m	1:36.48	Sydney Pacific	2003
		(Dave Isackson, Phil Lyons, John Morison, Peter Crombie)	
4 x 400m	3:46.64	Sydney Pacific	2002
		(John Wall, Richard Martin, John Morison, Peter Crombie)	
4 x 800m	9:09.86	Sydney Striders	2010
		(Oliver Keveaney, James Jeffery, Keith Bateman, Dennis Wylie)	
4 x 1500m	18:39.29	Sydney Striders	2008

MASTERS OVER 240+ MALE

4 x 100m	50.90	Sydney Pacific	2011
		(Martin Lynch, Tony Morphis, Wayne Marriott, Peter Crombie)	
4 x 200m	1:48.08	Sydney Pacific	2015
		(Peter Crombie, Tony Morphis, Wayne Marrriott, David Isackson)	
4 x 800m	10:29.66	Hills	2014

MASTERS (All Age) MALE

4 x Shot Put (7.2kg)	45.81m	Athletics Wollongong	2011
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4 x Javelin (800g) (Stuart Gyngell 15.62m, Peter Reed 11.08m, Philip Frkovic 10.93m, Peter Kidd 8.18m)
131.41m Ryde 2015
(Andrew Atkinson-Howatt, Robert Hanbury-Brown, Kern Wyman, Simon Bergfield)