ILLAWARRA BLUE STARS ATHLETIC CLUB WEEKLY ROUND COMPETITION 2015-2016

| Round 1 | | 27.09.1 | 5 - 01.3 | 11.15 - | 06.12.14 | - 31.01.16 - 28.02.16 | | | | | |
|---------|------|---------|----------|---------|----------|-----------------------|------|--------|--|--|--|
| U/8 | 100m | 400m | 1500m | Walk | Long/J | | Shot | | | | |
| U/10 | 100m | 400m | 1500m | Walk | Long/J | | Shot | | | | |
| U/12 | 100m | 400m | 1500m | Walk | Long/J | | Shot | | | | |
| U/14 | 100m | 400m | 1500m | Walk | | High/J | Shot | | | | |
| U/16 | 100m | 400m | 1500m | Walk | | High/J | Shot | | | | |
| U/18 | 100m | 400m | 1500m | Walk | | High/J | Shot | | | | |
| U/20 | 100m | 400m | 1500m | Walk | Long/J | | | Hammer | | | |
| Open | 100m | 400m | 1500m | Walk | Long/J | | | Hammer | | | |
| Masters | 100m | 400m | 1500m | Walk | Long/J | | | Hammer | | | |

| Round 2 | | 11.10.15 | - 08. | 11.15 - | 20.12.15 | - 07.0 | 2.16 - | 06.03.16 | |
|---------|-------|----------|-------|---------|----------|----------|--------|----------|-----|
| U/8 | * 60m | 200m | 800m | Walk | | | High/J | | Jav |
| U/10 | * 60m | 200m | 800m | Walk | | | High/J | | Jav |
| U/12 | * 60m | 200m | 800m | Walk | | | High/J | | Jav |
| U/14 | * 60m | 200m | 800m | Walk | Long/J | | | Discus | |
| U/16 | * 60m | 200m | 800m | Walk | Long/J | | | Discus | |
| U/18 | * 60m | 200m | 800m | Walk | Long/J | | | Discus | |
| U/20 | * 60m | 200m | 800m | Walk | 1. 1.1 | Triple/J | | | Jav |
| Open | * 60m | 200m | 800m | Walk | | Triple/J | | | Jav |
| Masters | * 60m | 200m | 800m | Walk | | Triple/J | | | Jav |

^{* 60}m is a non scoring event

| Round 3 | | 18.10.15 | - 22.3 | 11.15 - | 03.01.16 | - 14.02 | 2.16 - | 13.03.16 | | |
|---------|-----|----------|--------|---------|----------|---------|--------|----------|------|--------|
| U/8 | 60m | * 100m | 2000m | Walk | Short/H | | Long/J | | | Hammer |
| U/10 | 60m | * 100m | 2000m | Walk | Short/H | | Long/J | | | Hammer |
| U/12 | 60m | * 100m | 2000m | Walk | Short/H | | Long/J | | | Hammer |
| U/14 | 60m | * 100m | | Walk | Short/H | 2km S/C | Long/J | | | Hammer |
| U/16 | 60m | * 100m | | Walk | Short/H | 2km S/C | Long/J | | | Hammer |
| U/18 | 60m | * 100m | | Walk | Short/H | 2km S/C | Long/J | | | Hammer |
| U/20 | 60m | * 100m | | Walk | Short/H | 2km S/C | | High/J | Shot | |
| Open | 60m | * 100m | | Walk | Short/H | 2km S/C | | High/J | Shot | |
| Masters | 60m | * 100m | | Walk | Short/H | 2km S/C | | High/J | Shot | |

^{* 100}m invitation - Div 1 Sub 13 secs Div 2 Sub 16 secs Div 3 Over 16 secs

| Round 4 | | 25.10.1 | 5 - 29.: | 11.15 - | 10.01.16 | 5 - 21.0 | 02.16 | | | | |
|---------|-----|---------|----------|---------|----------|----------|--------|----------|--------|--------|-----|
| U/8 | 60m | 100m | 1000m | | Walk | | Long/J | | High/J | Discus | |
| U/10 | 60m | 100m | 1000m | | Walk | | Long/J | | * See | Discus | |
| U/12 | 60m | 100m | 1000m | | Walk | | Long/J | | Note | Discus | |
| U/14 | 60m | 100m | 1000m | | Walk | | | Triple/J | Below | | Jav |
| U/16 | | 100m | | 5000m | Walk | 200m | | Triple/J | | | Jav |
| U/18 | | 100m | | 5000m | Walk | 200m | | Triple/J | | | Jav |
| U/20 | | 100m | | 5000m | Walk | 200m | Long/J | | | Discus | |
| Open | | 100m | | 5000m | Walk | 200m | Long/J | | | Discus | |
| Masters | | 100m | | 5000m | Walk | 200m | Long/J | | | Discus | |

^{*} High Jump starting height 1.45m

IBS SPECIAL EVENTS

NSW STATE RELAY CHAMPIONSHIPS

14 & 15 November 2015

Blacktown Athletic Centre

Submit your form now for selection.

No club conducted on this weekend.

LANSW ZONE/REGION CHAMPIONSHIPS

13 December 2015

South Coast Highlands Region

No club conducted on this weekend.

IBS EVENT WITH A DIFFERENCE

20 December 2015

Trackies versus Beachies

(IBS Athletes versus the Beach Sprinters)
Kerryn McCann Athletic Centre, Wollongong

Open to all IBS athletes.

CHRISTMAS BREAK

27 December 2015

Christmas Breack

No club conducted on this weekend.

NSW COUNTRY CHAMPIONSHIPS

22, 23 & 24 January 2016

Campbelltown Athletic Centre

Open to all registered IBS athletes from 10 years through to Masters

men and women.

INTERCLUB MEET WITH ATHLETICS WOLLONGONG

3 February 2016

Kerryn McCann Athletic Centre, Wollongong

Start time 5.30 pm

Events include 100m, 400m, 1500m

including jumps and throws

Open to all IBS athletes.

All ages from under 8 through to

Masters men and women.

SEASON'S FUND RAISING EVENT

March 2016

Tri-the-Gong

(Our major fund raising event)

Please support this by giving either a half day,

full day or 2 days support.

More information will be available as the

season progresses.

All members to assist if possible.