

DRAFT TIMETABLE

Nepean All-comers @ Blacktown

Blacktown 29th October 2016



TRACK

Time	Event
1:30pm	Sprint Hurdles
2:20pm	400m
3:00pm	100m
4:00pm	200m - Treloar Shield
5:00pm	800m - Treloar Shield
5:45pm	1500m/3000m/5000m Walks - Treloar Shield

FIELD

Time	Event
1:45pm	High Jump Men 1.20m Start
1:45pm	Triple Jump Women 7m + 9m Boards - Treloar Shield
1:45pm	Javelin 800g
1:45pm	Shot Put 4kg
2:45pm	Shot Put 5kg + 6kg
2:55pm	Javelin 400g + 500g
3:00pm	Triple Jump Men 7m + 9m Boards - Treloar Shield
3:05pm	High Jump 1.50m Start
3:45pm	Shot Put 7.26kg
3:55pm	Javelin 600g
4:30pm	Triple Jump Mixed 11m + 13m Boards - Treloar Shield
4:30pm	High Jump Women 1.20m Start
5:05pm	Shot Put 3kg
5:05pm	Javelin 700g