



ANSW Treloar Shield & All-comers Competition Rules

The Treloar Shield and All-comers are track and field meets for athletes of all ages, abilities, and aspirations. Athletes compete as open athletes and will be placed in events based on ability (track events and jumps) and according to weight division in throws events.

Each Treloar Shield and All-comer competition has Athletics Australia Permit Status allowing athletes to qualify for National and International competitions and set state and national records.

1. DATES AND VENUES

During the 2016 track and field season, the ANSW All-comers and Treloar Shield will be held on the following dates;

25 September	Bankstown All-comers
8 October	Campbelltown – Treloar Shield Round 1
9 October	Wollongong All-comers
21 October	Hensley All-comers
22 October	SOPAC – Treloar Shield Round 2
29 October	Blacktown All-comers
4 November	Illawong All-comers
5 November	Bankstown All-comers
12 November	SOPAC – Treloar Shield Round 3
13 November	Campbelltown All-comers
18 November	Blacktown All-comers
19 November	E.S. Marks – Treloar Shield Round 4
2 December	Illawong All-comers
3 December	Campbelltown All-comers
9 December	SOPAC All-comers
10 December	Bankstown – Treloar Shield Round 5

The venues are;

Campbelltown	Pembroke Road, Leumeah
Blacktown	Eastern Road, Rooty Hull
E.S. Marks	Boronia Street, Moore Park
Bankstown	The Crest, McLean Street, Bass Hill
Hensley	Corish Cir, Eastgardens
Illawong	The Ridge, Recreation Dr, Barden Ridge
Wollongong	Kerryn McCann Park, Foleys Road, Gwynneville
SOPAC	Edwin Flack Drive, Sydney Olympic Park

2. RULES AND PROCEDURES

NB: The rules below apply to the 2016 ANSW Treloar Shield and All-comers competitions;

1. Entries and Events

- 2.1.1. Ages are calculated as at December 31 of the year of competition for all age groups (including junior and masters age groups).
- 2.1.2 The entry fee for All-comer meets is \$7.50 online for Athletics NSW members and \$15 for non-members for unlimited events. Online entry requires credit card payment. On the day entry is available and will incur a higher fee of \$15 for members and \$20 for non-members (for unlimited events). On the day entry must be completed one (1) hour prior to the athlete's first event and it is requested that you have your bib numbers and events ready when entering on the day.
- 2.1.3 The entry fee for each of the five Treloar Shield rounds is \$10 online for Athletics NSW members and \$20 for non-members for unlimited events. Online entry requires credit card payment. On the day entry is available but not guaranteed and will only be offered in the Treloar Shield events if space exists in the event. On the day entry will incur a higher fee of \$20 for members and \$25 for non members . Track event entry must be completed one (1) hour prior to the athlete's first event and it is requested that you have your bib numbers and events ready when entering on the day. Field event athletes must submit their on the day entry request to the chief official at the field site at least twenty (20) minutes prior to the scheduled start time. An entry may only be accepted if space exists in the event. The decision of the chief official is final. Payment for the field event entry must be paid to athlete check in at the conclusion of the event.
- 2.1.4 The initial timetable is only a DRAFT. The final timetable will be published by 5pm the day prior to the competition. All athletes must check the website to confirm the start times of their events.
- 2.1.5 All athletes in TRACK events must report to athlete check in to advise of their intention to compete at least sixty (60) minutes before the scheduled starting time of the event. Failure to check in may result in the athlete being scratched from the event. Once races have been seeded no late arrivals will be accepted, regardless of circumstance. Any athlete who reports to the race start area shall be disqualified if their entry for that event cannot be verified.
- 2.1.6 Athletes entered in FIELD events only, are not required to report to athlete check in. Instead field event athletes must report directly to the field event site at least twenty (20) minutes before the scheduled start time.
- 2.1.7 Athletes registered outside of NSW are encouraged to compete.
- 2.1.8 Registered Athletics NSW club members must wear their correct club uniform. Any athlete observed to not be wearing their correct club uniform shall be disqualified.
- 2.1.9 Members must have their Athletics NSW 2016-17 registration numbers sewn on or attached with 4 pins front and 4 pins on the back (except in pole vault and high jump events where only one bib is to be worn on the front or the back), so they can be easily read. Temporary numbers, valid for one day only, may be issued by the ANSW staff to current registered athletes upon payment of a \$5 fee at the venue in order to be eligible to compete. It is unacceptable to fold the number so the Athletics NSW and/or sponsor endorsement cannot be read. Athletes may be asked to adjust the number before competition commences. Non-members will be provided with a temporary bib at athlete check in free of charge.
- 2.1.10 On each day, athletes may only enter and contest one pool or race in an event.
- 2.1.11 On each day, an athlete may only use one weight implement in shot, javelin, discus or hammer events.
- 2.1.12 On each day, an athlete may run in only one 80m/90m/100m/110m hurdle race and in one 200m or 400m hurdle race.
- 2.1.13 An athlete may not run more than one relay leg or for more than one relay team.
- 2.1.14 Events are offered in the open division only (all ages).
- 2.1.15 Athletes may use implements or race in accordance with event specifications for that athlete's age.

- 2.1.16 U14 athletes cannot compete in the 5000m, 400m hurdles, and steeplechase.
- 2.1.17 Events may be cancelled if the Technical Delegate considers the equipment or site to be unsafe.
- 2.1.18 Para Athletes have the opportunity to compete in any Treloar Shield or All-comers event. However, if an athlete needs any assistance, or the use of any specific equipment (such as throwing platforms), the athlete is requested to contact the Athletics NSW office at least three (3) days prior to competition. In throwing events, Para Athletes throw the implement weight according to their age and classification.
- 2.1.19 Field Events-**
- Field reporting time is 20 minutes before the start time at the event site, to allow warm up attempts to occur prior to the scheduled start time.
 - Field event pools are arranged by implement weight, starting height, take off board, or distance expected to be jumped.
 - Events begin at the time scheduled. Athletes who report later may receive fewer warm up attempts. Athletes who report after the commencement of the competition may only be permitted to compete at the discretion of the event referee.
 - In field events for distance, **there will be 4 rounds** and each athlete may have one attempt in each round. There will be no reverse rankings after 3 rounds.
- 2.1.20 Track Events-**
- Track reporting time is 10 minutes before the start time, at the event start area, to provide time to seed races.
 - Competition order for track events is female first then male except for hurdles which will be 110m followed by 100m, 90m, 80m and 400m hurdles, men followed by the women and the 0.914m hurdle steeplechase will precede the 0.762 hurdle steeple chase; the 3000m and 2000m will be run concurrently if fields are small (as determined by the Technical Delegate).
 - Races will be seeded, with the lanes drawn by lot (IAAF Rule 166.8).
 - If small fields exist, some long distance events may be combined i.e. 3000m and 5000m walk and run, 2000m and 3000m steeple chase.
- 2.1.21 Relays-**
- A Club is to advise relay teams 30 minutes prior to the scheduled start time to allow athletes and umpires to be advised of the lane draw. The athletes' names and running order do not need to be declared.
- 2.1.22 Resolving Ties-**
- Count back rules will be applied across pools in field events to determine overall event places.
 - Equal times in the same heat of a track event may be given separate places by the judges.
 - When times are equal and track judges have not awarded a dead heat in a race, the judge's placing will be used. Equal times in different heats of a track event will gain the same place as the higher placed athlete with that time in other heats.
- 2.1.23 If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events. An athlete may be allowed to take a trial in field events in a different order in all except the final round of competition. If an athlete misses an attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Please note, the Little Athletics rule of track taking precedent over field does not apply to IAAF rules. Athletes will need to manage their own events and liaise with relevant event officials.
- 2.1.24 The Competition will be conducted under the IAAF false start rule. There are no dispensations offered for U14 or masters athletes.
- 2.1.25. Protests (IAAF Rule 146)**
- Any enquiries regarding entries will be handled firstly by the Administration Delegate, then the Jury of Appeal if required.
 - Any protest regarding competition must be made orally to the Referee by the athlete or by a person acting on his/her behalf within 30 minutes of the official announcement of the result. The Referee may decide on the issue or refer the matter to the Jury of Appeal. The athlete has the right to appeal to the Jury but this must be in writing and submitted to the Administration Manager in the administration area within 30 minutes of the announcement of the referee's decision. This protest must

be accompanied by a deposit of \$20 which will be forfeited should the protest not be upheld. Copies of the Protest Form are available from Administration.

- c. In a field event, if an athlete makes an immediate oral protest against having an attempt judged as a foul, the Referee may, at his discretion, order that the trial be measured and the result recorded, in order to preserve the rights of all concerned.

The attempt will be recorded as a foul.

2.1.26 No field athlete is permitted to commence warm ups at the field site without the presence of the appointed official.

2.1.27 For matters not addressed above IAAF and AA rules apply.

3 Competition Officials-

3.3.1 Athletics NSW will endeavour to appoint as many technical officials as possible, however every club which has athletes competing at a venue is expected to provide officials and/or volunteers as required/requested by the Meeting Manager.

3.3.2 Events will be cancelled if insufficient officials/volunteers are available.

3.3.3 Any volunteers must have enclosed footwear on the field of play.