

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women 60 Meter 30-34**

Name	Age	Team	Finals	Wind
Finals				
1 Wilmott, Kylie	33	Campbelltown	8.49	-2.7
2 Clifton, Jessica	30	Blue Mountai	9.11	-2.7
3 Jordan, Amanda	33	Blacktown Ci	9.60	-2.7
4 Holahan, Melissa	31	Wallsend Rsl	9.64	-2.7
5 Westcott, Belinda	34	Nepean Distr	9.87	-2.7
6 Chapman, Belinda	34	U.T.S. North	10.46	-2.7

Women 100 Meter 30-34

Name	Age	Team	Finals	Wind
1 Wilmott, Kylie	33	Campbelltown	13.23	-1.3
2 Milne, Aanika	33	Mingara Athl	13.72	-1.3
3 Dilo, Viola	34	South Sydney	13.98	-1.3
4 Clifton, Jessica	30	Blue Mountai	14.84	-1.3
5 Westcott, Belinda	34	Nepean Distr	15.61	-1.3
6 Chapman, Belinda	34	U.T.S. North	15.84	-1.3
7 Holahan, Melissa	31	Wallsend Rsl	15.85	-1.3
7 Jordan, Amanda	33	Blacktown Ci	15.85	-1.3

Women 200 Meter 30-34

Name	Age	Team	Finals	Wind
1 Wilmott, Kylie	33	Campbelltown	26.97	0.3
2 Milne, Aanika	33	Mingara Athl	27.44	0.3
3 Dilo, Viola	34	South Sydney	28.52	0.3
4 Westcott, Belinda	34	Nepean Distr	32.39	0.3
5 Chapman, Belinda	34	U.T.S. North	1:04.32	0.3

Women 400 Meter 30-34

Name	Age	Team	Finals
1 Wilmott, Kylie	33	Campbelltown	1:02.48
2 Milne, Aanika	33	Mingara Athl	1:06.28
3 Jordan, Amanda	33	Blacktown Ci	1:20.69
4 Holahan, Melissa	31	Wallsend Rsl	1:24.34

Women 800 Meter 30-34

Name	Age	Team	Finals
1 Macniven, Rona	33	Athletics East	2:25.85
2 Mckenzie, Emily	32	Athletics East	2:27.63
3 Wilmott, Kylie	33	Campbelltown	2:36.81
4 Clifton, Jessica	30	Blue Mountai	3:05.34

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women 1500 Meter 30-34**

Name	Age	Team	Finals
1 Macniven, Rona	33	Athletics East	4:58.48
2 Mckenzie, Emily	32	Athletics East	5:03.33
3 Clifton, Jessica	30	Blue Mountai	6:19.35

Women 5000 Meter 30-34

Name	Age	Team	Finals
1 Clifton, Jessica	30	Blue Mountai	23:59.26
2 Smith, Bianca	32	Nepean Distr	24:53.88

Women 100 Meter Hurdles 84.0cm 30-34

Name	Age	Team	Finals	Wind
1 Milne, Aanika	33	Mingara Athl	16.27	1.0

Women 2000 Meter Steeplechase 76.2cm 30-34

Name	Age	Team	Finals
1 Holahan, Melissa	31	Wallsend Rsl	13:09.06

Women High Jump 30-34

Name	Age	Team	Finals
1 Milne, Aanika	33	Mingara Athl	1.30m
1.30			
0			
2 Holahan, Melissa	31	Wallsend Rsl	1.10m
1.10			
0			

Women Long Jump 30-34

Name	Age	Team	Finals	Wind
1 Milne, Aanika	33	Mingara Athl	4.43m	NWI
4.37m(-0.7) 4.43m(-0.1)				
2 Smith, Bianca	32	Nepean Distr	4.02m	NWI
3.63m(+0.0) 4.02m(-0.0) 3.97m(-0.6) 3.93m(-1.3)				
3 Nash, Penelope	30	Blue Mountai	3.87m	NWI
3.64m(-1.1) 3.49m(-1.3) 3.67m(+0.0) 3.75m(-1.7) 3.71m(+0.0) 3.87m(-0.0)				
4 Holahan, Melissa	31	Wallsend Rsl	3.84m	NWI
3.02m(-0.6) 3.50m(+0.0) 3.67m(+0.0) 3.84m(-1.4) 3.67m(-0.9) 3.82m(+0.0)				

Women Triple Jump 30-34

Name	Age	Team	Finals	Wind
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NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Women Triple Jump 30-34

1 Nash, Penelope	30 Blue Mountai	8.08m +0.0
	7.81m(-0.2) 7.73m(+0.0) 7.87m(+0.0) 8.08m(+0.0) 7.84m(+0.0) 7.68m(+0.0)	
2 Holahan, Melissa	31 Wallsend Rsl	8.04m +0.0
	6.89m(-0.9) 7.59m(-1.2) FOUL 8.04m(+0.0) FOUL 8.04m(0.1)	

Women Shot Put 4kg 30-34

Name	Age Team	Finals
1 Holahan, Melissa	31 Wallsend Rsl	10.73m
	10.05m 9.33m 10.34m 10.09m 10.52m 10.73m	
2 Jordan, Amanda	33 Blacktown Ci	7.84m
	6.95m 7.13m 7.13m 7.58m 7.84m 7.57m	
3 Short, Karen	33 Girraween At	7.39m
	7.31m 7.39m 7.23m 6.92m 7.35m 7.33m	
4 Smith, Bianca	32 Nepean Distr	7.36m
	7.16m 7.36m 7.13m 7.16m 7.04m 7.06m	
5 Westcott, Belinda	34 Nepean Distr	6.72m
	6.40m 5.92m PASS 5.61m 6.20m 6.72m	
6 Clifton, Jessica	30 Blue Mountai	6.60m
	6.41m 6.60m 6.30m 6.52m 6.21m 6.32m	

Women Discus 1kg 30-34

Name	Age Team	Finals
1 Holahan, Melissa	31 Wallsend Rsl	26.79m
	26.79m 24.54m FOUL 25.53m FOUL 23.53m	
2 Smith, Bianca	32 Nepean Distr	22.10m
	21.12m FOUL 19.06m 21.13m 22.10m 18.41m	
3 Short, Karen	33 Girraween At	21.75m
	20.54m FOUL 19.60m 21.75m 16.53m 18.76m	
4 Jordan, Amanda	33 Blacktown Ci	19.72m
	FOUL 19.10m 17.68m 19.64m 19.45m 19.72m	
5 Clifton, Jessica	30 Blue Mountai	18.68m
	14.97m 15.80m 16.67m 16.92m 18.68m 17.82m	
6 Westcott, Belinda	34 Nepean Distr	17.95m
	16.97m 16.97m 16.76m 16.92m 17.95m FOUL	

Women Hammer 4kg 30-34

Name	Age Team	Finals
1 Holahan, Melissa	31 Wallsend Rsl	49.36m
	45.78m 41.82m FOUL 47.51m 48.51m 49.36m	
2 Baulman, Melissa	31 U.T.S. North	25.07m
	24.11m FOUL 25.07m 22.12m FOUL FOUL	
3 Westcott, Belinda	34 Nepean Distr	16.58m
	FOUL 15.86m 16.58m FOUL	
4 Jordan, Amanda	33 Blacktown Ci	15.04m
	FOUL 14.22m 15.04m FOUL 12.12m 14.85m	

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women Javelin 600g 30-34**

Name	Age	Team	Finals
1 Holahan, Melissa	31	Wallsend Rsl	23.68m
			20.93m FOUL 21.41m 22.45m 23.68m 23.34m
2 Jordan, Amanda	33	Blacktown Ci	12.67m
			12.67m 12.67m FOUL 10.87m 9.74m 10.34m
3 Westcott, Belinda	34	Nepean Distr	11.76m
			x x 11.76m

Women Weight Throw 9.080kg 30-34

Name	Age	Team	Finals
1 Holahan, Melissa	31	Wallsend Rsl	16.11m
			14.95m 16.11m 14.85m 15.63m 15.23m 15.62m
2 Jordan, Amanda	33	Blacktown Ci	7.37m
			5.95m FOUL 5.96m 6.68m 6.93m 7.37m
3 Baulman, Melissa	31	U.T.S. North	7.27m
			5.25m 6.26m 6.95m 7.27m 6.58m 6.96m
4 Westcott, Belinda	34	Nepean Distr	5.25m
			FOUL 4.47m 4.97m 5.14m 5.25m 4.72m

Women 60 Meter 35-39

Name	Age	Team	Finals	Wind
1 Robinson, Nicole	39	Mingara Athl	7.98	1.8
2 Fletcher, Kimberley	36	Maitland Sen	8.61	1.8
3 Tucker, Allison	39	Nsw Masters	8.77	1.8
4 Beddie, Vanessa	38	Nepean Distr	13.50	1.8

Women 100 Meter 35-39

Name	Age	Team	Finals	Wind
1 Hughes, Natasha	35	Illawong and	12.76	1.1
2 Robinson, Nicole	39	Mingara Athl	13.10	1.1
3 Tucker, Allison	39	Nsw Masters	14.07	1.1
4 Pitcaithly, Anafalesiu	35	Mounties Ath	14.73	1.1
5 Heinecke, Kayleen	36	Campbelltown	14.77	1.1

Women 200 Meter 35-39

Name	Age	Team	Finals	Wind
1 Hughes, Natasha	35	Illawong and	26.33	NWI
2 Fletcher, Kimberley	36	Maitland	27.36	NWI
3 Tucker, Allison	39	Nsw Masters	29.53	NWI
4 Pitcaithly, Anafalesiu	35	Mounties Ath	30.91	NWI
5 Heinecke, Kayleen	36	Campbelltown	31.31	NWI

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 400 Meter 35-39

Name	Age	Team	Finals
1 Fletcher, Kimberley	36	Maitland Sen	1:01.07
2 Tucker, Allison	39	Nsw Masters	1:10.00
3 Heinecke, Kayleen	36	Campbelltown	1:15.18

Women 800 Meter 35-39

Name	Age	Team	Finals
1 Fletcher, Kimberley	36	Maitland Sen	2:24.07
2 Tucker, Allison	39	Nsw Masters	2:55.75
3 Heinecke, Kayleen	36	Campbelltown	3:07.88

Women 5000 Meter 35-39

Name	Age	Team	Finals
1 Doak, Jennifer	38	Sydney Strid	19:24.35
2 Mladin, Janine	38	Camden Athle	22:07.23

Women 100 Meter Hurdles 84.0cm 35-39

Name	Age	Team	Finals	Wind
1 Fletcher, Kimberley	36	Maitland Sen	18.23	1.0

Women 400 Meter Hurdles 76.2cm 35-39

Name	Age	Team	Finals
1 Fletcher, Kimberley	36	Maitland Sen	1:08.52

Women 2000 Meter Steeplechase 76.2cm 35-39

Name	Age	Team	Finals
1 Livingston, Aileen	37	Wallsend Rsl	14:37.50

Women High Jump 35-39

Name	Age	Team	Finals
1 Fletcher, Kimberley	36	Maitland Sen	1.48m
			1.20 1.25 1.30 1.35 1.40 1.45 1.48 1.51
			O O O O O XO O X
2 Mladin, Janine	38	Camden Athle	1.40m
			1.20 1.25 1.30 1.35 1.40 1.45
			O XX O O XXO XXX
3 Ros, Montse	36	Athletics Wo	1.35m
			1.20 1.30 1.35 1.40
			O O XO X

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women Pole Vault 35-39**

Name	Age	Team	Finals
1 Ros, Montse	36	Athletics Wo	2.90m
			2.60 2.80 2.90 3.00
			O O XO XXX

Women Long Jump 35-39

Name	Age	Team	Finals	Wind
1 Fletcher, Kimberley	36	Maitland Sen	4.74m	NWI
			4.60m(+0.0) 4.56m(+0.0) 4.61m(-0.6) 4.64m(+0.0) 4.74m(-0.0)	
2 Ros, Montse	36	Athletics Wo	4.54m	NWI
			4.33m(+0.0) 4.26m(-1.3) 4.54m(+0.0) FOUL(-0.6) 4.31m(+0.0) FOUL(+0.0)	
3 Grozdanis, Tracey	37	Macquarie Hu	4.24m	NWI
			4.08m(0.6) 4.06m(+0.0) 4.13m(-0.6) 4.11m(-0.1) 4.24m(-0.3) 4.18m(+0.0)	
4 Tucker, Allison	39	Nsw Masters	4.03m	NWI
			4.01m(-0.2) 3.78m(+0.0) 4.03m(-0.5) FOUL(+0.0) 4.02m(-1.0) 3.84m(+0.0)	
5 Hunter, Kelly	37	Gosford Athl	3.79m	NWI
			3.79m(+0.0) 3.76m(+0.0) 3.72m(+0.0) 3.69m(-0.7) 3.79m(-0.9) 3.66m(-0.9)	
6 Livingston, Aileen	37	Wallsend Rsl	3.40m	NWI
			3.40m(+0.0) 3.08m(-1.0) 3.27m(0.7) 3.27m(+0.0) PASS PASS	

Women Triple Jump 35-39

Name	Age	Team	Finals	Wind
1 Fletcher, Kimberley	36	Maitland Sen	10.18m	-2.1
			9.30m(+0.0) 9.44m(+0.0) 9.92m(2.1) 9.37m(+0.0) 9.78m(+0.0) 10.18m(-2.1)	
2 Ros, Montse	36	Athletics Wo	9.98m	+0.0
			9.09m(+0.0) 9.54m(+0.0) 9.63m(+0.0) FOUL 9.98m(+0.0) FOUL	
3 Tucker, Allison	39	Nsw Masters	8.96m	-0.3
			8.44m(+0.0) 8.57m(+0.0) 7.54m(+0.0) 8.08m(-1.4) 8.63m(-0.7) 8.96m(-0.3)	

Women Shot Put 4kg 35-39

Name	Age	Team	Finals
1 Hunter, Kelly	37	Gosford Athl	10.42m
			9.79m 10.01m 10.11m 10.18m 9.62m 10.42m
2 Thomson, Audrey	35	Illawong and	9.27m
			9.20m 8.89m 9.21m 9.27m 9.06m 8.77m
3 Livingston, Aileen	37	Wallsend Rsl	7.57m
			7.51m 7.33m 7.54m 7.57m 7.06m 7.46m
4 Heinecke, Kayleen	36	Campbelltown	5.11m
			FOUL 5.11m PASS PASS PASS PASS

Women Discus 1kg 35-39

Name	Age	Team	Finals
1 Hunter, Kelly	37	Gosford Athl	36.48m
			32.41m 35.36m 30.69m 35.35m 36.48m 35.82m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****....Women Discus 1kg 35-39**

2 Thomson, Audrey	35 Illawong and	27.28m
25.12m 26.72m 26.97m	FOUL 27.28m FOUL	
3 Livingston, Aileen	37 Wallsend Rsl	23.77m
21.46m 21.15m 23.77m	22.18m 23.70m 21.78m	
4 Tucker, Allison	39 Nsw Masters	19.28m
19.28m FOUL 19.22m	17.56m 19.27m FOUL	

Women Hammer 4kg 35-39

Name	Age Team	Finals
1 Thomson, Audrey	35 Illawong and	28.84m
28.04m 28.84m	FOUL FOUL	
2 Beddie, Vanessa	38 Nepean Distr	14.81m
14.81m 13.95m 14.08m	13.80m 5.61m FOUL	

Women Javelin 600g 35-39

Name	Age Team	Finals
1 Hunter, Kelly	37 Gosford Athl	25.97m
25.47m 24.35m 25.97m	22.80m 23.64m 24.34m	
2 Tucker, Allison	39 Nsw Masters	20.05m
FOUL 19.82m 20.05m	19.61m 17.68m 17.21m	
3 Livingston, Aileen	37 Wallsend Rsl	19.65m
9.72m 13.08m 13.88m	17.07m 19.65m 18.46m	
4 Thomson, Audrey	35 Illawong and	18.39m
17.19m 1.75m 17.27m	17.59m 18.39m 17.17m	
5 Beddie, Vanessa	38 Nepean Distr	12.57m
9.32m 10.07m 12.57m	FOUL 9.84m 10.43m	

Women Weight Throw 9.080kg 35-39

Name	Age Team	Finals
1 Thomson, Audrey	35 Illawong and	10.91m
9.99m 10.91m	FOUL 9.77m 10.29m 10.26m	
2 Beddie, Vanessa	38 Nepean Distr	4.73m
4.19m 3.82m 4.45m	4.36m 3.58m 4.73m	

Women 5000 Meter Race Walk 35-39

Name	Age Team	Finals
1 Heinecke, Kayleen	36 Campbelltown	40:02.27

Women 60 Meter 40-44

Name	Age Team	Finals	Wind
1 Hobson, Ranell	42 Blue Mountai	7.97	1.6
2 Bohdan, Alice	42 Balmain Athl	8.53	1.6
3 Bishop, Jenny	44 Cherrybrook	8.92	1.6
4 Camenzuli, Danielle	40 Mounties Ath	8.95	1.6

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Women 60 Meter 40-44

5	Cimino, Maria	43	U.T.S. North	9.09	1.6
6	Salmon, Catherine	42	Camden Athle	9.14	1.6
7	Brady, Kay	41	Campbelltown	9.58	1.6

Women 100 Meter 40-44

Name	Age	Team	Finals	Wind
1 Hobson, Ranell	42	Blue Mountai	13.11	1.1
2 Bohdan, Alice	42	Balmain Athl	13.86	1.1
3 Salmon, Catherine	42	Camden Athle	14.53	1.1
4 Cimino, Maria	43	U.T.S. North	15.15	1.1
5 Brady, Kay	41	Campbelltown	15.66	1.1

Women 200 Meter 40-44

Name	Age	Team	Finals	Wind
1 Hobson, Ranell	42	Blue Mountai	27.72	0.6
2 Bohdan, Alice	42	Balmain Athl	28.13	0.6
3 Kelly, Nicky	42	Mingara Athl	29.09	0.6
4 Salmon, Catherine	42	Camden Athle	31.63	0.6
5 Cimino, Maria	43	U.T.S. North	32.88	0.6

Women 400 Meter 40-44

Name	Age	Team	Finals
1 Kovacs, Kriszta	41	Sydney Pacif	1:03.88
2 Kelly, Nicky	42	Mingara Athl	1:03.89
3 Bohdan, Alice	42	Balmain Athl	1:05.72
4 Camenzuli, Danielle	40	Mounties Ath	1:08.45
5 Cull, Michelle	41	Camden Athle	1:13.48

Women 800 Meter 40-44

Name	Age	Team	Finals
1 Kovacs, Kriszta	41	Sydney Pacif	2:26.01
2 Kelly, Nicky	42	Mingara Athl	2:26.59
3 Harrison, Anne	41	Sydney Unive	2:27.25
4 hannah, sally	42	Athletics East	2:38.65

Women 1500 Meter 40-44

Name	Age	Team	Finals
1 Kovacs, Kriszta	41	Sydney Pacif	5:01.45
2 Kelly, Nicky	42	Mingara Athl	5:18.62
3 hannah, sally	42	Athletics East	5:20.56

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 5000 Meter 40-44

Name	Age	Team	Finals
1 Sohun, Gillian	44	Athletics East	20:08.41
2 Tancred, Naomi	40	Athletics East	21:23.63

Women 80 Meter Hurdles 76.2cm 40-44

Name	Age	Team	Finals	Wind
1 Bishop, Jenny	44	Cherrybrook	15.17	-0.8
2 Salmon, Catherine	42	Camden Athle	16.83	-0.8

Women 400 Meter Hurdles 76.2cm 40-44

Name	Age	Team	Finals
1 Salmon, Catherine	42	Camden Athle	1:30.24

Women High Jump 40-44

Name	Age	Team	Finals
1 Smith, Lynette	44	Girraween At	1.54m
			1.40 1.45 1.51 1.54 1.57 XO O XXO XO XXX
2 Bohdan, Alice	42	Balmain Athl	1.40m
			1.30 1.35 1.40 1.45 O O O XXX
3 Latanis, Samantha	42	St. George D	1.25m
			1.10 1.15 1.20 1.25 1.30 O O O XO XXX

Women Long Jump 40-44

Name	Age	Team	Finals	Wind
1 Bohdan, Alice	42	Balmain Athl	4.44m	+0.0
			4.42m(+0.0) 4.44m(+0.0) 4.22m(+0.0) 4.36m(-1.8) FOUL(-0.4) 4.43m(-1.7)	
2 Bishop, Jenny	44	Cherrybrook	4.32m	+0.0
			4.06m(-1.3) 4.02m(+0.0) 3.96m(-1.1) 3.97m(-1.4) 4.18m(-0.5) 4.32m(+0.0)	
3 Salmon, Catherine	42	Camden Athle	4.20m	0.3
			4.16m(+0.0) 4.20m(0.3) 4.09m(-1.9) 3.87m(+0.0) 4.06m(-1.6) FOUL(+0.0)	
4 Cimino, Maria	43	U.T.S. North	4.01m	+0.0
			3.71m(+0.0) 3.77m(+0.0) 3.75m(-1.2) 4.01m(+0.0) 3.66m(-0.2) 3.77m(+0.0)	
5 Brady, Kay	41	Campbelltown	3.41m	-1.3
			3.40m(0.1) 3.37m(+0.0) 3.38m(-1.9) 3.38m(+0.0) 3.41m(-1.3) 3.06m(-1.5)	

Women Triple Jump 40-44

Name	Age	Team	Finals	Wind
1 Bohdan, Alice	42	Balmain Athl	10.21m	0.3
			9.97m(+0.0) 10.07m(+0.0) 10.10m(-0.4) 10.21m(0.3) 9.83m(-0.3) 10.17m(1.4)	

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Women Triple Jump 40-44

2	Salmon, Catherine	42	Camden Athle	8.73m	+0.0
				8.73m(+0.0)	8.66m(+0.0)
				8.60m(+0.0)	8.35m(0.3)
				8.35m(+0.0)	8.69m(0.3)
3	Cimino, Maria	43	U.T.S. North	8.45m	+0.0
	FOUL			8.28m(-0.7)	8.29m(+0.0)
				8.36m(0.4)	8.42m(+0.0)
				8.45m(+0.0)	
4	Latanis, Samantha	42	St. George D	8.31m	+0.0
				7.48m(+0.0)	8.11m(+0.0)
				8.04m(+0.0)	8.21m(+0.0)
				8.31m(+0.0)	8.25m(+0.0)
5	Brady, Kay	41	Campbelltown	6.58m	+0.0
				6.58m(+0.0)	6.51m(+0.0)
				0.64m(-0.9)	6.25m(+0.0)
				5.68m(0.8)	5.47m(+0.0)

Women Shot Put 4kg 40-44

Name	Age	Team	Finals
1 Latanis, Samantha	42	St. George D	10.68m
			10.68m 10.20m 10.49m 10.25m 10.00m 10.00m
2 Smith, Lynette	44	Girraween At	9.78m
			9.30m 9.11m 9.20m 9.59m 9.78m 9.02m
3 Bishop, Jenny	44	Cherrybrook	9.10m
			9.10m 8.99m 8.86m 8.43m 9.05m 8.83m
4 Bohdan, Alice	42	Balmain Athl	8.94m
			8.84m 8.04m 8.94m 8.55m 8.43m 8.00m
5 Cimino, Maria	43	U.T.S. North	8.35m
			8.35m 7.54m 8.18m FOUL 7.22m 7.51m

Women Discus 1kg 40-44

Name	Age	Team	Finals
1 Latanis, Samantha	42	St. George D	32.28m
			30.45m 24.72m 32.28m 29.99m 32.45m 29.27m
2 Smith, Lynette	44	Girraween At	30.34m
			27.31m 27.79m 27.22m 27.42m 30.34m 29.50m
3 Bishop, Jenny	44	Cherrybrook	27.66m
			25.27m 27.66m FOUL FOUL 26.74m 22.91m
4 Bohdan, Alice	42	Balmain Athl	24.26m
			24.26m 23.07m 21.96m 22.44m 22.12m 21.95m
5 Cimino, Maria	43	U.T.S. North	22.72m
			20.44m FOUL 22.72m FOUL 21.50m 22.19m

Women Hammer 4kg 40-44

Name	Age	Team	Finals
1 Latanis, Samantha	42	St. George D	33.61m
			29.87m 30.97m 32.09m 33.61m 31.11m 29.72m
2 Smith, Lynette	44	Girraween At	27.90m
			26.66m 27.90m FOUL FOUL 27.69m FOUL
3 Knowles, Renae	40	Nsw Masters	21.33m
			FOUL 20.50m 21.33m 19.09m 20.53m 17.43m
4 Cimino, Maria	43	U.T.S. North	19.21m
			15.19m 18.09m 17.92m 19.21m FOUL 18.39m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women Javelin 600g 40-44**

Name	Age	Team	Finals
1 Smith, Lynette	44	Girraween At	33.00m
		30.80m 31.90m 33.00m 31.32m 30.88m 32.56m	
2 Bohdan, Alice	42	Balmain Athl	28.53m
		28.09m 27.68m 26.98m 26.75m 28.42m 28.53m	
3 Latanis, Samantha	42	St. George D	25.65m
		23.61m 22.37m FOUL 24.13m 23.80m 25.65m	
4 Cimino, Maria	43	U.T.S. North	21.21m
		FOUL 18.21m 20.59m FOUL 19.27m 21.21m	
5 Knowles, Renae	40	Nsw Masters	16.89m
		16.30m FOUL 16.59m FOUL 16.89m FOUL	

Women Weight Throw 9.080kg 40-44

Name	Age	Team	Finals
1 Latanis, Samantha	42	St. George D	11.34m
		FOUL 9.42m 10.33m FOUL 11.34m 11.21m	
2 Smith, Lynette	44	Girraween At	9.30m
		8.31m 9.30m 8.29m 9.01m 8.18m 8.15m	
3 Knowles, Renae	40	Nsw Masters	7.14m
		FOUL 6.53m 7.14m FOUL 5.71m FOUL	
4 Cimino, Maria	43	U.T.S. North	6.94m
		6.94m 6.74m 6.75m 6.94m FOUL 6.87m	

Women 60 Meter 45-49

Name	Age	Team	Finals	Wind
1 Bezuidenhout, Jacqueline	48	U.T.S. North	8.59	-1.5
2 Ingram, Richelle	45	Nsw Masters	8.59	-1.5
3 Lambert, Lenore	45	Sydney Pacif	8.85	-1.5
4 Kermond, Catherine	47	Campbelltown	9.09	-1.5
5 Naylor, Janet	48	U.T.S. North	9.13	-1.5

Women 100 Meter 45-49

Name	Age	Team	Finals	Wind
1 Bezuidenhout, Jacqueline	48	U.T.S. North	13.72	-1.5
2 Ingram, Richelle	45	Nsw Masters	13.80	-1.5
3 Lambert, Lenore	45	Sydney Pacif	14.01	-1.5
4 Kermond, Catherine	47	Campbelltown	14.23	-1.5
5 Naylor, Janet	48	U.T.S. North	14.48	-1.5
6 Motti, Giola	49	Illawarra Bl	14.83	-1.5
7 Carter, Janie	46	Blue Mountai	15.28	-1.5

Women 200 Meter 45-49

Name	Age	Team	Finals	Wind
1 Delaney, Janelle	45	Sydney Pacif	26.74	NWI
2 Bezuidenhout, Jacqueline	48	U.T.S. North	27.62	NWI

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****....Women 200 Meter 45-49**

3 Lambert, Lenore	45	Sydney Pacif	27.72	NWI
4 Ingram, Richelle	45	Nsw Masters	28.42	NWI
5 Kermond, Catherine	47	Campbelltown	29.10	NWI
6 Motti, Giola	49	Illawarra Bl	30.07	NWI
7 Angell, Karen	47	Mingara Athl	31.76	NWI

Women 400 Meter 45-49

Name	Age	Team	Finals
1 Delaney, Janelle	45	Sydney Pacif	1:00.18
2 Herrmann, Karen	46	Illawong and	1:06.71

Women 800 Meter 45-49

Name	Age	Team	Finals
1 Herrmann, Karen	46	Illawong and	2:35.37
2 Carter, Janie	46	Blue Mountai	2:50.68
3 Coombe, Amanda	47	Sydney Pacif	2:52.07
4 Smith, Robyn	48	Girraween At	3:02.69

Women 1500 Meter 45-49

Name	Age	Team	Finals
1 Coombe, Amanda	47	Sydney Pacif	6:22.54
2 Smith, Robyn	48	Girraween At	6:29.96

Women 5000 Meter 45-49

Name	Age	Team	Finals
1 Gregory, Jude	45	Athletics East	20:43.87
2 Suffolk, Cristine	45	Nowra Athlet	20:48.10

Women 80 Meter Hurdles 76.2cm 45-49

Name	Age	Team	Finals	Wind
1 Lambert, Lenore	45	Sydney Pacif	13.24	-0.8

Women 400 Meter Hurdles 76.2cm 45-49

Name	Age	Team	Finals
1 Lambert, Lenore	45	Sydney Pacif	1:11.09

Women 2000 Meter Steeplechase 76.2cm 45-49

Name	Age	Team	Finals
1 Smith, Robyn	48	Girraween At	10:22.22

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women High Jump 45-49

Name	Age	Team	Finals
1 Lambert, Lenore	45	Sydney Pacif	1.48m
			1.30 1.35 1.40 1.45 1.48 1.51
			O O O O O XX
2 Jones, Elizabeth	45	Cherrybrook	1.30m
			1.20 1.25 1.30 1.35
			O O O XXX
2 Bezuidenhout, Jacqueline	48	U.T.S. North	1.30m
			1.20 1.30 1.35
			O O XXX

Women Pole Vault 45-49

Name	Age	Team	Finals
1 Ellis, Selina	46	Hills Distri	2.00m
			1.80 1.90 2.00 2.10
			O XO O XXX

Women Long Jump 45-49

Name	Age	Team	Finals	Wind
1 Lambert, Lenore	45	Sydney Pacif	4.91m	0.4
			4.64m(-0.5) 4.78m(1.7) 4.91m(0.4) FOUL(1.8) 4.79m(-0.1) 4.65m(-0.2)	
2 Bezuidenhout, Jacqueline	48	U.T.S. North	4.32m	+0.0
			4.01m(+0.0) 4.09m(1.4) 4.16m(+0.0) 4.32m(+0.0) 3.92m(0.3) 4.06m(-1.2)	
3 Naylor, Janet	48	U.T.S. North	4.19m	1.9
			FOUL(0.2) 4.14m(0.3) 4.04m(+0.0) 4.19m(1.9) 3.99m(+0.0) FOUL(1.6)	
3 Jones, Elizabeth	45	Cherrybrook	4.19m	-0.7
			3.96m(-1.1) 3.89m(+0.0) 4.18m(2.0) 4.19m(-0.7) 4.13m(1.3) 4.04m(-1.0)	
5 Ingram, Richelle	45	Nsw Masters	3.75m	-1.1
			3.61m(2.4) 3.75m(-1.1) 3.57m(+0.0) PASS PASS PASS	

Women Triple Jump 45-49

Name	Age	Team	Finals	Wind
1 Jones, Elizabeth	45	Cherrybrook	8.40m	0.8
			8.40m(0.8) 8.32m(+0.0) 8.20m(-0.7) 8.14m(+0.0)	
2 Smith, Robyn	48	Girraween At	7.71m	+0.0
			7.50m(+0.0) 7.71m(+0.0) 0.77m(+0.0) FOUL 7.70m(-1.9)	

Women Shot Put 4kg 45-49

Name	Age	Team	Finals
1 Watts, Gabriele	49	Nepean Distr	11.09m
			11.09m 10.90m 10.58m 10.15m 10.56m 10.92m
2 Layt, Caroline	49	U.T.S. North	10.42m
			9.85m 9.97m 10.24m 10.42m 9.98m 10.39m
3 Ellis, Selina	46	Hills Distri	6.79m
			6.23m 6.31m 6.35m 6.63m 6.50m 6.79m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****....Women Shot Put 4kg 45-49**

4	Coombe, Amanda	47	Sydney Pacif	6.40m
	5.73m 6.16m 6.40m 6.33m 6.39m 5.97m			
5	Ingram, Richelle	45	Nsw Masters	5.31m
	5.31m PASS PASS PASS PASS PASS			

Women Discus 1kg 45-49

Name	Age	Team	Finals
1 Watts, Gabriele	49	Nepean Distr	34.40m
2 Layt, Caroline	49	U.T.S. North	28.18m
3 Carter, Janie	46	Blue Mountai	25.96m
4 Ingram, Richelle	45	Nsw Masters	21.43m
5 Smith, Robyn	48	Girraween At	19.08m
6 Ellis, Selina	46	Hills Distri	16.23m

Women Hammer 4kg 45-49

Name	Age	Team	Finals
1 Watts, Gabriele	49	Nepean Distr	37.17m
	29.18m FOUL FOUL FOUL 35.06m 37.17m		
2 Ellis, Selina	46	Hills Distri	19.24m
	15.01m 17.91m 18.61m 19.24m 17.83m 18.18m		
3 Ingram, Richelle	45	Nsw Masters	16.63m
	16.41m 16.23m 16.63m FOUL 16.63m		

Women Javelin 600g 45-49

Name	Age	Team	Finals
1 Carter, Janie	46	Blue Mountai	24.76m
	22.82m 24.72m 23.08m 24.76m FOUL 23.72m		
2 Ellis, Selina	46	Hills Distri	21.11m
	19.72m 20.02m FOUL 21.11m 19.70m 18.71m		
3 Ingram, Richelle	45	Nsw Masters	17.41m
	16.09m FOUL 16.96m 16.99m 15.12m 17.41m		

Women Weight Throw 9.080kg 45-49

Name	Age	Team	Finals
1 Watts, Gabriele	49	Nepean Distr	12.51m
	FOUL 12.19m 12.51m		
2 Ellis, Selina	46	Hills Distri	7.14m
	5.77m 6.49m 7.14m 6.90m 6.78m 6.86m		
3 Ingram, Richelle	45	Nsw Masters	5.55m
	4.91m 5.55m 5.25m		

Women 5000 Meter Race Walk 45-49

Name	Age	Team	Finals
1 Brown, Suzanne	49	U.T.S. North	33:48.18

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 60 Meter 50-54

Name	Age	Team	Finals	Wind
1 Mogentale, Gianna	51	Illawarra Bl	8.54	1.4
2 Douglass, Lynda	52	Nowra Athlet	8.61	1.4
3 Stagles, Sally	54	Cherrybrook	8.85	1.4
4 wearne, Sylvette	50	Mounties Ath	9.02	1.4
5 Townsend, Vicki	50	Mingara Athl	9.08	1.4
6 Neal, Catherine	53	Sydney Pacif	9.48	1.4
7 Culhane, sarah	50	U.T.S. North	9.50	1.4
8 Wight, Philippa	51	Sydney Pacif	9.81	1.4
9 Flynn, Rina	52	Illawarra Bl	10.07	1.4

Women 100 Meter 50-54

Name	Age	Team	Finals	Wind
1 Mogentale, Gianna	51	Illawarra Bl	13.66	NWI
2 Douglass, Lynda	52	Nowra Athlet	14.22	NWI
3 Townsend, Vicki	50	Mingara Athl	14.45	NWI
4 wearne, Sylvette	50	Mounties Ath	14.78	NWI
5 Whelan, Gabrielle	54	U.T.S. North	15.10	NWI
6 Neal, Catherine	53	Sydney Pacif	15.57	NWI
7 Culhane, sarah	50	U.T.S. North	15.72	NWI
8 Flynn, Rina	52	Illawarra Bl	16.67	NWI

Women 200 Meter 50-54

Name	Age	Team	Finals	Wind
1 Forster, Julie	53	Nsw Masters	27.76	NWI
2 Mogentale, Gianna	51	Illawarra Bl	28.48	NWI
3 Douglass, Lynda	52	Nowra Athlet	29.44	NWI
4 Townsend, Vicki	50	Mingara Athl	29.78	NWI
5 wearne, Sylvette	50	Mounties Ath	30.48	NWI
6 Whelan, Gabrielle	54	U.T.S. North	30.49	NWI
7 Culhane, sarah	50	U.T.S. North	31.91	NWI
8 Neal, Catherine	53	Sydney Pacif	33.28	NWI
9 Flynn, Rina	52	Illawarra Bl	34.73	NWI

Women 400 Meter 50-54

Name	Age	Team	Finals
1 Forster, Julie	53	Nsw Masters	1:05.19
2 Culhane, sarah	50	U.T.S. North	1:14.69
3 Flynn, Rina	52	Illawarra Bl	1:19.77

Women 800 Meter 50-54

Name	Age	Team	Finals
1 Gore, Suzanne	52	Ryde Athleti	2:36.03
2 Boyd, Jane	51	Athletics East	2:36.68
3 Carpini, Angela	52	Hills Distri	2:40.80

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

...Women 800 Meter 50-54

4 Hunt, Sally	51 Mingara Athl	2:56.08
5 Flynn, Rina	52 Illawarra Bl	3:12.82

Women 1500 Meter 50-54

Name	Age Team	Finals
1 Carpini, Angela	52 Hills Distri	5:13.06
2 Boyd, Jane	51 Athletics East	5:15.35
3 Stanley, Karen	50 St. George D	5:22.06
4 Hunt, Sally	51 Mingara Athl	6:01.47

Women 5000 Meter 50-54

Name	Age Team	Finals
1 Carpini, Angela	52 Hills Distri	18:58.18
2 Stanley, Karen	50 St. George D	19:58.61
3 Scouller, Sharon	53 Nowra Athlet	22:41.14

Women 80 Meter Hurdles 76.2cm 50-54

Name	Age Team	Finals	Wind
1 Stagles, Sally	54 Cherrybrook	13.06	2.2

Women 2000 Meter Steeplechase 76.2cm 50-54

Name	Age Team	Finals
1 Yarnell, Caroline	54 Sydney Strid	9:15.83

Women High Jump 50-54

Name	Age Team	Finals
1 Townsend, Vicki	50 Mingara Athl	1.25m
1.20 1.25 1.30		
O O XXX		

Women Long Jump 50-54

Name	Age Team	Finals	Wind
1 Townsend, Vicki	50 Mingara Athl	4.00m	NWI
3.74m(+0.0) 3.75m(-1.2) 3.70m(-1.5) 3.90m(-1.2) 4.00m(-1.6) 3.86m(+0.0)			
2 Whelan, Gabrielle	54 U.T.S. North	3.88m	NWI
FOUL(-1.8) 3.83m(-1.2) 3.88m(-1.2) 3.55m(-0.1) 3.82m(+0.0) 3.45m(+0.0)			
3 Culhane, sarah	50 U.T.S. North	3.65m	NWI
3.60m(+0.0) 3.65m(+0.0) 2.67m(-2.3) 3.05m(-0.5) 3.33m(-1.7) FOUL			

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women Triple Jump 50-54**

Name	Age	Team	Finals	Wind
1 Townsend, Vicki	50	Mingara Athl	8.58m	+0.0
			7.90m(+0.0) 8.38m(+0.0) 8.13m(-1.1) 8.58m(+0.0) 8.10m(-0.1) 8.18m(-1.4)	
2 Culhane, sarah	50	U.T.S. North	8.20m	-0.4
			7.77m(0.3) 7.74m(+0.0) 8.19m(-0.7) 8.20m(-0.4) 7.90m(+0.0) 7.90m(NWI)	

Women Shot Put 3kg 50-54

Name	Age	Team	Finals
1 Townsend, Vicki	50	Mingara Athl	9.54m
			9.54m 9.26m 9.48m FOUL 8.97m 8.77m
2 Whitehead, Glenys	50	U.T.S. North	9.50m
			8.65m 9.39m 9.18m 9.01m 9.02m 9.50m
3 Hord, Wendy	54	Blacktown Ci	8.78m
			8.15m 8.78m 8.26m 8.05m 8.18m 7.77m
4 Culhane, sarah	50	U.T.S. North	8.10m
			8.10m 7.79m 6.96m 7.26m 6.96m 7.59m
5 Engeler, Deborah	52	Illawong and	7.08m
			6.06m 6.57m 5.74m 7.08m 6.66m 6.21m

Women Discus 1kg 50-54

Name	Age	Team	Finals
1 Townsend, Vicki	50	Mingara Athl	29.47m
			22.48m 26.79m 26.47m 28.88m 22.97m 29.47m
2 Whitehead, Glenys	50	U.T.S. North	25.74m
			23.95m 24.44m 24.88m 25.74m 22.93m 24.88m
3 Whatley, Susan	51	Illawong and	21.76m
			20.36m 18.65m 20.49m 21.76m 19.41m FOUL
4 Culhane, sarah	50	U.T.S. North	20.50m
			17.06m 19.39m 17.26m 18.03m 20.28m 20.50m
5 Engeler, Deborah	52	Illawong and	19.88m
			19.65m 17.95m 16.66m 19.88m FOUL 18.53m

Women Hammer 3kg 50-54

Name	Age	Team	Finals
1 Whitehead, Glenys	50	U.T.S. North	36.40m
			31.76m 31.31m 30.09m 33.27m 35.50m 36.40m
2 Hord, Wendy	54	Blacktown Ci	33.45m
			33.11m 33.45m 31.12m FOUL FOUL 30.27m
3 Townsend, Vicki	50	Mingara Athl	24.39m
			21.58m 23.16m 23.35m 21.63m 24.39m 24.25m
4 Engeler, Deborah	52	Illawong and	21.17m
			20.51m 20.10m 19.94m 20.78m 21.17m 18.42m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Women Javelin 500g 50-54**

Name	Age	Team	Finals
1 Whitehead, Glenys	50	U.T.S. North	24.32m
			22.47m 21.33m 21.06m 23.52m 19.75m 24.32m
2 Culhane, sarah	50	U.T.S. North	20.94m
			20.94m 19.60m 17.73m 19.61m 19.94m 18.52m
3 Clark, Debbie	52	Nowra Athlet	20.54m
			FOUL 19.43m FOUL 20.54m 20.23m 19.43m
4 Hord, Wendy	54	Blacktown Ci	19.65m
			18.21m 19.65m FOUL 18.44m FOUL 19.03m
5 Whatley, Susan	51	Illawong and	18.55m
			18.09m 18.55m 17.54m FOUL 16.08m 17.78m
6 Engeler, Deborah	52	Illawong and	14.34m
			13.63m 14.34m FOUL 13.48m FOUL FOUL

Women Weight Throw 7.260kg 50-54

Name	Age	Team	Finals
1 Whitehead, Glenys	50	U.T.S. North	12.02m
			11.69m 11.06m 11.47m 11.42m 10.72m 12.02m
2 Hord, Wendy	54	Blacktown Ci	10.62m
			FOUL 9.26m 10.04m 10.62m 10.62m FOUL
3 Townsend, Vicki	50	Mingara Athl	10.52m
			FOUL 10.52m FOUL 9.87m 9.46m 9.58m
4 Engeler, Deborah	52	Illawong and	8.31m
			7.41m 8.31m 7.60m 7.78m FOUL FOUL

Women 60 Meter 55-59

Name	Age	Team	Finals	Wind
1 Shaw, Christine	55	Athletics Wo	9.04	1.2
2 Suttor, Robyn	55	Mounties Ath	9.20	1.2
3 Cubban, Ellena	57	Epping Distr	9.75	1.2
4 Celnikier, Diane	59	Hills Distri	9.89	1.2
5 Mead, Annette	55	Illawarra Bl	10.42	1.2

Women 100 Meter 55-59

Name	Age	Team	Finals	Wind
1 Kay, Marie	55	Athletics Wo	13.44	0.8
2 Shaw, Christine	55	Athletics Wo	14.44	0.8
3 Suttor, Robyn	55	Mounties Ath	14.96	0.8
4 Cubban, Ellena	57	Epping Distr	15.83	0.8
5 Celnikier, Diane	59	Hills Distri	16.21	0.8
6 McDowell, Linda	57	Sydney Pacif	16.56	0.8
7 Mead, Annette	55	Illawarra Bl	17.75	0.8
8 Peksis, Julie	55	Mingara Athl	26.11	0.8

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 200 Meter 55-59

Name	Age	Team	Finals	Wind
1 Shaw, Christine	55	Athletics Wo	30.13	-0.4
2 Suttor, Robyn	55	Mounties Ath	31.36	-0.4
3 Cubban, Ellena	57	Epping Distr	33.57	-0.4
4 McDowell, Linda	57	Sydney Pacif	33.72	-0.4
5 Celnikier, Diane	59	Hills Distri	34.46	-0.4

Women 400 Meter 55-59

Name	Age	Team	Finals
1 Drennan, Deborah	56	U.T.S. North	1:12.65
2 Suttor, Robyn	55	Mounties Ath	1:14.56
3 Walker, Margaret	55	Epping Distr	1:19.81
4 Celnikier, Diane	59	Hills Distri	1:22.37
5 Thomas, Margaret	58	U.T.S. North	1:27.56

Women 800 Meter 55-59

Name	Age	Team	Finals
1 Drennan, Deborah	56	U.T.S. North	2:44.99
2 Thomas, Margaret	58	U.T.S. North	3:26.07

Women 1500 Meter 55-59

Name	Age	Team	Finals
1 Drennan, Deborah	56	U.T.S. North	5:51.85
2 Stallard, Trish	57	Wallsend Rsl	7:51.34

Women 5000 Meter 55-59

Name	Age	Team	Finals
1 Beardslee, Margaret	56	Mingara Athl	21:57.18
2 Petley, Karen	55	Hills Distri	23:16.62
3 Freed, Del	59	Nsw Masters	41:34.0h

Women 80 Meter Hurdles 76.2cm 55-59

Name	Age	Team	Finals	Wind
1 Suttor, Robyn	55	Mounties Ath	14.66	2.2

Women 300 Meter Hurdles 76.2cm 55-59

Name	Age	Team	Finals
1 Suttor, Robyn	55	Mounties Ath	57.42
2 Walker, Margaret	55	Epping Distr	59.97

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 2000 Meter Steeplechase 76.2cm 55-59

Name	Age	Team	Finals
1 Stallard, Trish	57	Wallsend Rsl	12:31.32

Women High Jump 55-59

Name	Age	Team	Finals
1 Shaw, Christine	55	Athletics Wo	1.33m
			1.20 1.25 1.30 1.33 1.35 1.35
			O O XO O X X
2 Walker, Margaret	55	Epping Distr	1.30m
			1.20 1.25 1.30 1.33 1.35 1.35
			O O XO X X X

Women Long Jump 55-59

Name	Age	Team	Finals	Wind
1 Shaw, Christine	55	Athletics Wo	4.22m	NWI
			4.15m(+0.0) 4.03m(-0.5) 4.22m(-0.5) PASS PASS 3.81m(+0.0)	
2 Cubban, Ellena	57	Epping Distr	3.39m	NWI
			3.14m(-1.8) 3.39m(-0.5) 3.24m(-2.4) 3.15m(-0.9) PASS 3.32m(+0.0)	

Women Triple Jump 55-59

Name	Age	Team	Finals	Wind
1 Shaw, Christine	55	Athletics Wo	8.46m	-0.2
			7.92m(0.4) 8.12m(+0.0) 7.99m(+0.0) 8.12m(-0.2) 8.46m(-0.2)	
2 Taylor, Jill	59	Cherrybrook	6.99m	+0.0
			FOUL 6.99m(+0.0) 6.99m(0.4)	
3 Stallard, Trish	57	Wallsend Rsl	6.14m	+0.0
			6.14m(+0.0) FOUL 5.91m(+0.0)	

Women Shot Put 3kg 55-59

Name	Age	Team	Finals
1 Kay, Marie	55	Athletics Wo	11.44m
			11.11m 10.65m 11.14m 11.02m 11.19m 11.44m
2 Shaw, Christine	55	Athletics Wo	9.44m
			9.44m 9.14m 8.80m 8.88m 9.12m 9.15m
3 Taylor, Jill	59	Cherrybrook	9.09m
			8.44m 8.19m 8.63m 8.27m 9.09m 8.09m
4 Walker, Margaret	55	Epping Distr	8.48m
			8.48m 8.19m 7.68m 7.77m PASS PASS
5 Cubban, Ellena	57	Epping Distr	8.01m
			7.72m 7.32m 7.68m 7.12m 8.01m 7.41m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women Discus 1kg 55-59

Name	Age	Team	Finals
1 Shaw, Christine	55	Athletics Wo	25.06m
			24.19m 23.60m 24.04m 23.70m FOUL 25.06m
2 Taylor, Jill	59	Cherrybrook	24.33m
			FOUL 21.45m 24.33m 23.34m 23.29m 21.76m
3 Cubban, Ellena	57	Epping Distr	19.75m
			FOUL 17.53m 19.75m 17.97m 18.55m 18.45m
4 Thomas, Margaret	58	U.T.S. North	16.36m
			15.72m FOUL 13.83m FOUL FOUL 16.36m

Women Hammer 3kg 55-59

Name	Age	Team	Finals
1 Taylor, Jill	59	Cherrybrook	33.41m
			29.97m 33.14m 32.79m 32.51m 31.88m 33.41m
2 Shaw, Christine	55	Athletics Wo	26.71m
			FOUL FOUL 20.75m FOUL 20.49m 26.71m
3 Walker, Margaret	55	Epping Distr	25.62m
			22.85m 23.40m FOUL 25.62m
4 Cubban, Ellena	57	Epping Distr	22.75m
			20.52m 22.29m FOUL 21.93m 21.12m 22.75m

Women Javelin 500g 55-59

Name	Age	Team	Finals
1 Shaw, Christine	55	Athletics Wo	25.60m
			25.60m 22.96m 21.82m 23.44m 23.41m 23.90m
2 Cubban, Ellena	57	Epping Distr	20.49m
			19.45m 19.43m 20.49m 18.78m 19.39m FOUL
3 Taylor, Jill	59	Cherrybrook	16.94m
			4.91m 16.09m 15.47m 16.06m 16.94m 14.36m
4 Thomas, Margaret	58	U.T.S. North	15.51m
			12.66m 14.63m 14.09m 15.51m FOUL 12.79m

Women Weight Throw 7.260kg 55-59

Name	Age	Team	Finals
1 Taylor, Jill	59	Cherrybrook	9.86m
			FOUL 8.91m 9.86m 9.52m 9.53m 9.84m
2 Cubban, Ellena	57	Epping Distr	8.81m
			8.81m 7.98m 7.35m 7.77m 7.16m 7.98m

Women 5000 Meter Race Walk 55-59

Name	Age	Team	Finals
1 Stallard, Trish	57	Wallsend Rsl	41:23.22

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women 60 Meter 60-64

Name	Age	Team	Finals	Wind
1 Lowe, June	60	Illawarra Bl	9.47	-0.2
2 Clark, Lynette	61	Girraween At	10.68	-0.2
3 Fowler, Margaret	61	Nsw Masters	12.26	-0.2

Women 100 Meter 60-64

Name	Age	Team	Finals	Wind
1 Lowe, June	60	Illawarra Bl	15.29	0.5
2 Clark, Lynette	61	Girraween At	17.14	0.5
3 Fowler, Margaret	61	Nsw Masters	21.35	0.5

Women 200 Meter 60-64

Name	Age	Team	Finals	Wind
1 Clark, Lynette	61	Girraween At	39.65	-1.9

Women 400 Meter 60-64

Name	Age	Team	Finals
1 Clark, Lynette	61	Girraween At	1:55.94

Women 800 Meter 60-64

Name	Age	Team	Finals
1 Clark, Lynette	61	Girraween At	4:32.96

Women 1500 Meter 60-64

Name	Age	Team	Finals
1 Roediger, Rosemary	60	Hills Distri	5:39.29
2 Lloyd, Nancy	61	U.T.S. North	8:03.15

Women 5000 Meter 60-64

Name	Age	Team	Finals
1 Roediger, Rosemary	60	Hills Distri	20:39.34
2 Lloyd, Nancy	61	U.T.S. North	29:18.18

Women 80 Meter Hurdles 68.6cm 60-64

Name	Age	Team	Finals	Wind
1 Lowe, June	60	Illawarra Bl	18.01	2.2
2 Eyears, Robyn	64	Bankstown Sp	27.78	2.2

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women High Jump 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	1.13m
			1.00 1.05 1.10 1.13
			O O O XXO

Women Long Jump 60-64

Name	Age	Team	Finals	Wind
1 Lowe, June	60	Illawarra Bl	3.52m	+0.0
			3.40m(+0.0) PASS	
			3.52m(+0.0) 3.48m(-1.0) PASS	PASS
2 Clark, Lynette	61	Girraween At	2.99m	1.7
			FOUL(+0.0) 2.99m(1.7) 2.27m(+0.0) FOUL(+0.0) 2.56m(0.5) 2.63m(-0.2)	

Women Triple Jump 60-64

Name	Age	Team	Finals	Wind
1 Eyears, Robyn	64	Bankstown Sp	5.69m	+0.0
			5.40m(NWI) 5.67m(-0.1) 5.69m(+0.0) 5.43m(+0.0)	

Women Shot Put 3kg 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	9.76m
			9.43m 9.76m 8.97m 8.94m 9.54m 9.42m
2 Perry, Rosalind	62	Athletics Wo	6.63m
			6.22m 6.30m 6.63m 6.36m 6.00m PASS
3 Van Bockel, Adriana	62	Athletics Wo	5.60m
			5.33m 5.44m 5.52m 5.60m 5.23m 5.52m
4 Jones, Karen	62	U.T.S. North	5.14m
			4.55m 4.73m 4.54m 4.59m 4.99m 5.14m

Women Discus 1kg 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	21.44m
			FOUL 21.44m 20.48m FOUL 20.77m 20.92m
2 Van Bockel, Adriana	62	Athletics Wo	16.35m
			16.01m 16.13m 15.79m 16.35m 15.58m 15.65m
3 Jones, Karen	62	U.T.S. North	13.38m
			12.24m 8.18m 11.83m 11.83m 13.38m 12.72m
4 Perry, Rosalind	62	Athletics Wo	13.27m
			FOUL 12.27m 13.27m 13.00m 12.95m 13.25m

Women Hammer 3kg 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	36.66m
			36.66m 33.03m FOUL FOUL 31.91m 33.72m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

...Women Hammer 3kg 60-64

2	Van Bockel, Adriana	62	Athletics Wo	22.88m					
				22.37m	22.33m	21.45m	22.88m	21.09m	22.05m
3	Jones, Karen	62	U.T.S. North	16.00m					
				FOUL	12.50m	15.94m	16.00m	FOUL	FOUL

Women Javelin 500g 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	22.82m
			17.43m 20.40m 15.80m 19.50m 22.82m FOUL
2 Van Bockel, Adriana	62	Athletics Wo	12.86m
			12.71m 12.65m 12.86m 12.23m 12.67m 12.52m
3 Jones, Karen	62	U.T.S. North	8.60m
			8.08m 8.60m 8.29m 7.46m 6.64m 6.64m

Women Weight Throw 5.450kg 60-64

Name	Age	Team	Finals
1 Lowe, June	60	Illawarra Bl	13.54m
			12.22m 13.54m 13.27m 12.87m 12.59m 12.52m
2 Van Bockel, Adriana	62	Athletics Wo	9.22m
			9.22m 8.45m 8.99m 8.80m 8.69m FOUL
3 Jones, Karen	62	U.T.S. North	6.21m
			6.08m 5.85m 5.85m 5.76m 6.21m 5.48m

Women 60 Meter 65-69

Name	Age	Team	Finals	Wind
1 Rigg, Judith	68	Illawarra Bl	11.59	-0.2
2 Brown, Judy	65	Nsw Masters	14.93	-0.2

Women 100 Meter 65-69

Name	Age	Team	Finals	Wind
1 Rigg, Judith	68	Illawarra Bl	18.83	0.5
2 Brown, Judy	65	Nsw Masters	23.67	0.5

Women 200 Meter 65-69

Name	Age	Team	Finals	Wind
1 Moorhouse, Paula	66	Sydney Pacif	34.30	-1.9
2 Rigg, Judith	68	Illawarra Bl	41.16	-1.9
3 Brown, Judy	65	Nsw Masters	53.52	-1.9

Women 400 Meter 65-69

Name	Age	Team	Finals
1 Moorhouse, Paula	66	Sydney Pacif	1:17.29

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

...Women 400 Meter 65-69

2 Rigg, Judith	68 Illawarra Bl	1:37.14
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Women 800 Meter 65-69

Name	Age Team	Finals
1 Moorhouse, Paula	66 Sydney Pacif	3:00.73

Women 1500 Meter 65-69

Name	Age Team	Finals
1 Moorhouse, Paula	66 Sydney Pacif	6:18.66

Women High Jump 65-69

Name	Age Team	Finals
-- Brown, Judy	65 Nsw Masters	NH
0.80		
XXX		

Women Long Jump 65-69

Name	Age Team	Finals	Wind
1 Brown, Judy	65 Nsw Masters	2.11m	-0.3
2.11m(-0.3) PASS	PASS	PASS	PASS

Women Shot Put 3kg 65-69

Name	Age Team	Finals
1 Brown, Judy	65 Nsw Masters	8.24m
8.20m 8.24m 5.23m 4.96m 4.91m 5.04m		

Women Discus 1kg 65-69

Name	Age Team	Finals
1 Brown, Judy	65 Nsw Masters	15.78m
11.91m 13.40m 11.08m 14.02m 15.78m 13.16m		

Women Hammer 3kg 65-69

Name	Age Team	Finals
1 Brown, Judy	65 Nsw Masters	12.82m
11.92m 12.82m 12.80m 11.39m 11.49m 12.68m		

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women Javelin 500g 65-69

Name	Age	Team	Finals
1 Brown, Judy	65	Nsw Masters	12.54m
			11.73m 11.89m 12.15m 11.83m 12.54m 11.28m

Women Weight Throw 5.450kg 65-69

Name	Age	Team	Finals
1 Brown, Judy	65	Nsw Masters	5.81m
			5.81m 5.55m 5.67m 0.57m 5.51m 5.69m

Women 5000 Meter Race Walk 65-69

Name	Age	Team	Finals
1 Brown, Judy	65	Nsw Masters	41:41.05

Women 400 Meter 70-74

Name	Age	Team	Finals
1 Eller, Leseý	71	Athletics East	1:35.52

Women 5000 Meter 70-74

Name	Age	Team	Finals
1 Siepman, Dorothy	71	Bankstown Sp	29:55.91

Women Shot Put 3kg 70-74

Name	Age	Team	Finals
1 Thomas, Mary	70	Illawarra Bl	8.29m
			8.22m 8.23m 8.29m 8.04m 7.57m 8.06m

Women Discus 1kg 70-74

Name	Age	Team	Finals
1 Thomas, Mary	70	Illawarra Bl	21.23m
			20.66m 21.33m PASS PASS PASS PASS

Women Hammer 3kg 70-74

Name	Age	Team	Finals
1 Thomas, Mary	70	Illawarra Bl	27.95m
			27.95m 26.43m 27.77m 2.42m 25.15m 26.56m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Women Javelin 400g 70-74

Name	Age	Team	Finals
1 Thomas, Mary	70	Illawarra Bl	21.81m
		20.50m 20.65m 2.19m 21.81m 19.68m 20.27m	

Women Weight Throw 5.450kg 70-74

Name	Age	Team	Finals
1 Thomas, Mary	70	Illawarra Bl	11.45m
		11.04m 11.45m 11.26m 10.85m 10.55m 11.11m	

Women 5000 Meter Race Walk 70-74

Name	Age	Team	Finals
1 Purcell, Joan	73	Nepean Distr	36:48.40

Women 60 Meter 75-79

Name	Age	Team	Finals	Wind
1 Cook, Kathleen	77	Mingara Athl	12.34	-0.2

Women 100 Meter 75-79

Name	Age	Team	Finals	Wind
1 Cook, Kathleen	77	Mingara Athl	20.63	0.5

Women 200 Meter 75-79

Name	Age	Team	Finals	Wind
1 Cook, Kathleen	77	Mingara Athl	46.78	-1.9

Men 60 Meter 30-34

Name	Age	Team	Finals	Wind
1 Parker, Russell	34	Old Barker C	7.37	-1.9
2 Laws, Michael	32	Blue Mountai	7.78	-1.9
3 Bullock, Stephen	31	Campbelltown	8.45	-1.9
4 Jones, Warren	34	U.T.S. North	10.36	-1.9

Men 100 Meter 30-34

Name	Age	Team	Finals	Wind
1 Parker, Russell	34	Old Barker C	11.35	0.5
2 Laws, Michael	32	Blue Mountai	12.01	0.5
3 Bullock, Stephen	31	Campbelltown	13.24	0.5
4 Field, James	32	Nsw Masters	14.23	0.5
5 Jones, Warren	34	U.T.S. North	16.26	0.5

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 200 Meter 30-34

Name	Age Team	Finals	Wind
1 Laws, Michael	32 Blue Mountai	24.35	1.9

Men 400 Meter 30-34

Name	Age Team	Finals
1 Eyears, Gregory	33 Bankstown Sp	55.38
2 Laws, Michael	32 Blue Mountai	55.97

Men 800 Meter 30-34

Name	Age Team	Finals
1 Lloyd, Mitchell	32 Hills Distri	2:11.44

Men 1500 Meter 30-34

Name	Age Team	Finals
1 Lloyd, Mitchell	32 Hills Distri	4:40.40

Men High Jump 30-34

Name	Age Team	Finals
1 zhang, weizhen 1.60 1.65 1.70 O XXO O	30 Athletics East	1.70m
2 Laws, Michael 1.40 1.45 1.50 1.55 1.60 1.65 1.70 O O O O O XXO XXX	32 Blue Mountai	1.65m
3 Bullock, Stephen 1.40 1.45 1.50 1.55 1.60 O O XO O X	31 Campbelltown	1.55m

Men Pole Vault 30-34

Name	Age Team	Finals
1 Clegg, Christopher 4.40 4.60 O XXX	31 Hills Distri	4.40m

Men Long Jump 30-34

Name	Age Team	Finals	Wind
1 Laws, Michael 5.89m(1.4) FOUL(-1.7) 5.65m(+0.0) 5.85m(1.0) 6.04m(0.9) FOUL(2.5)	32 Blue Mountai	6.04m	NWI
2 Bullock, Stephen FOUL(+0.0) 5.18m(-0.3) 3.99m(+0.0) PASS PASS PASS	31 Campbelltown	5.18m	NWI

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men Long Jump 30-34

3 Jones, Warren 34 U.T.S. North 3.48m NWI
 3.47m(1.0) 3.48m(0.4) FOUL(+0.0) 2.95m(1.0) FOUL(0.4) FOUL(1.4)

Men Triple Jump 30-34

Name	Age	Team	Finals	Wind
1 Laws, Michael	32	Blue Mountai	12.42m	1.3
			12.30m(+0.0) 12.10m(1.3) 12.27m(0.7) 11.26m(1.0)	12.42m(1.3)
2 Bullock, Stephen	31	Campbelltown	10.12m	+0.0
			10.12m(+0.0) x x	

Men Shot Put 7.26kg 30-34

Name	Age	Team	Finals
1 Bullock, Stephen	31	Campbelltown	9.59m
			9.34m FOUL 9.59m 9.08m 9.56m 9.50m
2 Jones, Warren	34	U.T.S. North	9.48m
			8.77m FOUL 8.43m 8.98m 9.11m 9.48m
3 Laws, Michael	32	Blue Mountai	8.97m
			8.03m 8.51m FOUL 8.75m 8.35m 8.97m

Men Discus 2kg 30-34

Name	Age	Team	Finals
1 Bullock, Stephen	31	Campbelltown	37.10m
			FOUL 37.10m FOUL 30.68m FOUL FOUL
2 Laws, Michael	32	Blue Mountai	31.88m
			30.97m 29.64m 31.88m 29.19m 28.86m FOUL
3 Jones, Warren	34	U.T.S. North	24.51m
			24.24m 24.51m FOUL 23.74m FOUL FOUL

Men Hammer 7.26kg 30-34

Name	Age	Team	Finals
1 Jones, Warren	34	U.T.S. North	34.25m
			33.23m FOUL 33.32m 32.01m 34.25m 33.20m
2 Bullock, Stephen	31	Campbelltown	30.72m
			29.20m 30.72m FOUL FOUL 28.94m 30.32m
3 Laws, Michael	32	Blue Mountai	27.02m
			24.47m 26.23m 25.44m 23.79m 27.02m 26.01m

Men Javelin 800g 30-34

Name	Age	Team	Finals
1 Bullock, Stephen	31	Campbelltown	34.59m
			34.59m 33.47m 31.99m 34.20m 33.46m 33.61m
2 Jones, Warren	34	U.T.S. North	27.85m
			25.22m 27.46m 27.00m 27.85m 27.84m FOUL

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Weight Throw 15.880kg 30-34

Name	Age	Team	Finals
1 Laws, Michael	32	Blue Mountai	10.96m
			9.93m 10.79m 10.75m FOUL 10.93m 10.96m
2 Jones, Warren	34	U.T.S. North	9.90m
			9.16m FOUL 9.90m 8.66m 9.56m FOUL

Men 60 Meter 35-39

Name	Age	Team	Finals	Wind
1 Bruce, Gregory	37	Campbelltown	7.80	-1.9
2 Murray, Caerl	39	Cherrybrook	7.91	-1.9
3 park, dean	37	Nsw Masters	8.05	-1.9
4 Kirievsky, Anatoly	36	Nsw Masters	9.34	-1.9

Men 100 Meter 35-39

Name	Age	Team	Finals	Wind
1 Martin, Christopher	39	Mounties Ath	11.94	0.5
2 Clark, Steve	36	Girraween At	12.12	0.5
3 Bruce, Gregory	37	Campbelltown	12.34	0.5
4 Murray, Caerl	39	Cherrybrook	12.80	0.5
5 Turner, Dean	38	Campbelltown	12.97	0.5
6 Muscat, Jamie	38	Illawong and	15.13	0.5

Men 200 Meter 35-39

Name	Age	Team	Finals	Wind
1 Stone, Jay	35	Armidale Ath	22.95	1.9
2 Bruce, Gregory	37	Campbelltown	26.13	1.9
3 Murray, Caerl	39	Cherrybrook	26.69	1.9

Men 400 Meter 35-39

Name	Age	Team	Finals
1 Stone, Jay	35	Armidale Ath	51.18
2 park, dean	37	Nsw Masters	1:01.73

Men 800 Meter 35-39

Name	Age	Team	Finals
1 Halls, Brett	37	Sydney Unive	1:57.59
2 Heil, Andrew	37	Sydney Unive	2:05.68

Men 1500 Meter 35-39

Name	Age	Team	Finals
1 Xuereb, Joel	35	Randwick Bot	4:24.76

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men 1500 Meter 35-39

2 Heil, Andrew	37 Sydney Unive	4:26.54
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Men 5000 Meter 35-39

Name	Age Team	Finals
1 Meyer, Damien	38 Mingara Athl	20:41.66

Men 110 Meter Hurdles 99.1cm 35-39

Name	Age Team	Finals	Wind
1 Guthrie, Stuart	37 Sydney Pacif	17.34	NWI

Men 3000 Meter Steeplechase 91.4cm 35-39

Name	Age Team	Finals
1 Meyer, Damien	38 Mingara Athl	14:00.10

Men High Jump 35-39

Name	Age Team	Finals
1 Muscat, Jamie	38 Illawong and	1.20m
1.20		
0		

Men Long Jump 35-39

Name	Age Team	Finals	Wind
1 Guthrie, Stuart	37 Sydney Pacif	5.52m	NWI
5.42m(0.7) 5.37m(+0.0) 5.23m(-0.8) 5.31m(+0.0) 5.52m(1.7)		PASS	
2 Clark, Steve	36 Girraween At	5.02m	NWI
5.02m(0.7) 4.97m(-1.3) 4.96m(+0.0) PASS		PASS	
3 Muscat, Jamie	38 Illawong and	4.12m	NWI
2.78m(-0.3) 3.33m(0.3) 3.64m(+0.0) PASS		PASS	
4 Kirievsky, Anatoly	36 Nsw Masters	3.66m	NWI
3.13m(-0.5) 3.44m(+0.0) 3.56m(-1.2) FOUL(+0.0) 3.44m(1.7) 3.66m(+0.0)			

Men Triple Jump 35-39

Name	Age Team	Finals	Wind
1 Guthrie, Stuart	37 Sydney Pacif	12.27m	+0.0
12.27m(+0.0) 12.11m(+0.0) 12.26m(+0.0) 11.33m(1.9)			
2 Muscat, Jamie	38 Illawong and	7.92m	0.7
7.75m(+0.0) 7.92m(0.7)			
3 Kirievsky, Anatoly	36 Nsw Masters	7.74m	+0.0
7.22m(+0.0) 7.74m(+0.0) x			

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men Shot Put 7.26kg 35-39**

Name	Age	Team	Finals
1 Muscat, Jamie	38	Illawong and	14.42m
		13.25m 13.78m 13.74m 14.10m 13.67m 14.42m	
2 Kirievsky, Anatoly	36	Nsw Masters	9.22m
		8.46m 8.91m 9.22m 8.83m 9.10m 9.21m	

Men Discus 2kg 35-39

Name	Age	Team	Finals
1 Muscat, Jamie	38	Illawong and	38.81m
		38.81m FOUL 37.44m 38.63m FOUL 34.95m	
2 Kirievsky, Anatoly	36	Nsw Masters	31.55m
		29.18m 25.39m 29.27m 29.81m 28.88m 31.55m	

Men Hammer 7.26kg 35-39

Name	Age	Team	Finals
1 Muscat, Jamie	38	Illawong and	43.79m
		37.68m 39.78m 42.09m 43.79m 42.65m FOUL	
2 Kirievsky, Anatoly	36	Nsw Masters	34.67m
		FOUL 28.86m 32.46m 32.97m 33.65m 34.67m	

Men Javelin 800g 35-39

Name	Age	Team	Finals
1 Muscat, Jamie	38	Illawong and	33.78m
		33.24m 32.51m 32.55m 33.24m 33.78m 31.97m	
2 Kirievsky, Anatoly	36	Nsw Masters	30.80m
		29.35m 30.80m 30.29m 30.76m 30.33m 30.31m	

Men Weight Throw 15.880kg 35-39

Name	Age	Team	Finals
1 Muscat, Jamie	38	Illawong and	13.76m
		FOUL 11.40m FOUL 12.07m FOUL 13.76m	
2 Kirievsky, Anatoly	36	Nsw Masters	10.69m
		8.42m FOUL FOUL 0.03m 10.69m 10.65m	

Men 60 Meter 40-44

Name	Age	Team	Finals	Wind
1 Smith, Gregory	43	Mounties Ath	7.32	NWI
2 Rushton, Rod	42	Mounties Ath	7.76	NWI
3 Cassin, Andrew	43	Mingara Athl	7.85	NWI
4 Stinson, Paul	43	Sydney Pacif	8.00	NWI
5 Pritchard, Andrew	41	Sydney Pacif	8.31	NWI
6 Davie, EJ	44	Sydney Strid	9.79	NWI

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 100 Meter 40-44

Name	Age	Team	Finals	Wind
1 Smith, Gregory	43	Mounties Ath	11.39	0.6
2 White, Ed	41	Sydney Pacif	11.45	0.6
3 Rushton, Rod	42	Mounties Ath	12.33	0.6
4 Cassin, Andrew	43	Mingara Athl	12.35	0.6
5 Stinson, Paul	43	Sydney Pacif	12.66	0.6
6 Lorenzi, Pierre	42	Athletics East	13.05	0.6
7 Carr, Dominic	44	Nsw Masters	13.21	0.6
8 Davie, EJ	44	Sydney Strid	16.30	0.6

Men 200 Meter 40-44

Name	Age	Team	Finals	Wind
1 White, Ed	41	Sydney Pacif	23.71	-2.3
2 Cassin, Andrew	43	Mingara Athl	25.18	-2.3
3 Grigg, Adam	41	Sydney Pacif	25.49	-2.3
4 Papalexion, Nicholas	40	Mingara Athl	26.04	-2.3
5 Stinson, Paul	43	Sydney Pacif	26.79	-2.3
6 Lorenzi, Pierre	42	Athletics East	26.83	-2.3
7 Hotait, Jim	42	Athletics East	28.19	-2.3
8 Davie, EJ	44	Sydney Strid	31.33	-2.3

Men 400 Meter 40-44

Name	Age	Team	Finals
1 Grigg, Adam	41	Sydney Pacif	56.37
2 Gregory, Mark	42	Athletics East	58.93
3 Everett, Mike	42	Hills Distri	58.93
4 Jeffery, James	43	Asics Wests	59.41
5 Demasi, Lawrence	42	Camden Athle	1:00.59
6 Davie, EJ	44	Sydney Strid	1:15.19

Men 800 Meter 40-44

Name	Age	Team	Finals
1 Dhaliwal, Chamkaur	41	Athletics East	2:04.48
2 Bird, Trent	41	Asics Wests	2:07.92
3 Martinoski, Done	44	Kembla Joggers Inc.	2:10.96
4 Doggett, Michael	41	Asics Wests	2:12.38
5 Keane, Justin	41	Nepean Distr	2:14.41
6 Jeffery, James	43	Asics Wests	2:21.21
7 Demasi, Lawrence	42	Camden Athle	2:23.19
-- Spina, Roberto	42	Randwick Bot	DNF

Men 1500 Meter 40-44

Name	Age	Team	Finals
1 Dhaliwal, Chamkaur	41	Athletics East	4:12.18
2 Gregory, Mark	42	Athletics East	4:27.57

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men 1500 Meter 40-44

3	Doggett, Michael	41	Asics Wests	4:35.91
4	Martinoski, Done	44	Kembla Joggers Inc.	4:38.50
5	Keane, Justin	41	Nepean Distr	4:41.20
6	Ray, Paul	42	Sutherland D	4:47.81
7	Demasi, Lawrence	42	Camden Athle	5:11.26
8	Davie, EJ	44	Sydney Strid	6:09.37

Men 5000 Meter 40-44

Name	Age	Team	Finals	
1	Considine, Martin	43	Randwick Bot	17:18.75
2	Demasi, Lawrence	42	Camden Athle	22:24.88
3	Davie, EJ	44	Sydney Strid	23:19.13

Men 110 Meter Hurdles 99.1cm 40-44

Name	Age	Team	Finals	Wind	
1	Carr, Dominic	44	Nsw Masters	22.89	NWI

Men 400 Meter Hurdles 91.4cm 40-44

Name	Age	Team	Finals	
1	Everett, Mike	42	Hills Distri	1:09.89
2	Demasi, Lawrence	42	Camden Athle	1:10.17
3	Carr, Dominic	44	Nsw Masters	1:14.40

Men 3000 Meter Steeplechase 91.4cm 40-44

Name	Age	Team	Finals	
1	Carr, Dominic	44	Nsw Masters	14:42.60
2	Davie, EJ	44	Sydney Strid	15:24.54

Men High Jump 40-44

Name	Age	Team	Finals	
1	Everett, Mike	42	Hills Distri	1.50m
	1.40 1.45 1.50			
	0 0 0			
1	Cassin, Andrew	43	Mingara Athl	1.50m
	1.40 1.45 1.50			
	0 0 0			
3	Carr, Dominic	44	Nsw Masters	1.30m
	1.20 1.25 1.30			
	0 0 0			

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Pole Vault 40-44

Name	Age	Team	Finals
1 Hile, Steve	44	Nepean Distr	2.10m
		1.60 1.70 1.80 1.90 2.00 2.10 2.20	
		O O O O XO O XXX	

Men Long Jump 40-44

Name	Age	Team	Finals	Wind
1 Cassin, Andrew	43	Mingara Athl	5.85m	+0.0
		5.37m(0.8) 5.52m(-0.7) 5.85m(+0.0) PASS PASS PASS		
2 Demasi, Lawrence	42	Camden Athle	5.18m	+0.0
		5.15m(-0.6) 5.18m(+0.0) PASS PASS FOUL(0.7) 5.07m(+0.0)		
3 Carr, Dominic	44	Nsw Masters	5.15m	0.3
		4.84m(+0.0) 5.00m(+0.0) 5.15m(0.3) 5.10m(1.7) PASS PASS		
4 Everett, Mike	42	Hills Distri	4.61m	1.8
		4.35m(-1.4) 4.53m(-0.7) 4.60m(0.2) 4.53m(+0.0) 4.61m(1.8) 4.52m(1.3)		
5 Hile, Steve	44	Nepean Distr	4.07m	+0.0
		3.89m(-0.6) 4.07m(+0.0) PASS PASS PASS PASS		
6 Davie, EJ	44	Sydney Strid	2.76m	+0.0
		2.50m(+0.0) 2.76m(+0.0) 2.58m(+0.0) PASS PASS PASS		

Men Triple Jump 40-44

Name	Age	Team	Finals	Wind
1 Cassin, Andrew	43	Mingara Athl	10.80m	1.6
		10.80m(1.6) FOUL(0.2) 10.56m(+0.0)		
2 Carr, Dominic	44	Nsw Masters	10.64m	1.1
		10.36m(+0.0) 10.64m(1.1) 10.50m(+0.0) 10.50m(2.0)		
3 Demasi, Lawrence	42	Camden Athle	10.63m	1.9
		10.40m(+0.0) 9.68m(+0.0) 10.08m(+0.0) 10.33m(+0.0) 10.63m(1.9)		
4 Davie, EJ	44	Sydney Strid	5.03m	+0.0
		5.03m(+0.0) FOUL(1.2) x		

Men Shot Put 7.26kg 40-44

Name	Age	Team	Finals
1 Watson, Rodney	41	Woolgoolga A	10.77m
		10.63m 10.52m 10.75m 10.77m 10.42m 10.54m	
2 Davie, EJ	44	Sydney Strid	5.70m
		5.47m 5.56m 5.27m 5.34m 5.70m 5.25m	

Men Discus 2kg 40-44

Name	Age	Team	Finals
1 Watson, Rodney	41	Woolgoolga A	30.23m
		29.75m 28.43m 30.23m 26.80m FOUL 28.30m	
2 Davie, EJ	44	Sydney Strid	13.77m
		12.80m 12.24m 12.35m 13.77m 12.93m 12.42m	

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Hammer 7.26kg 40-44

Name	Age	Team	Finals
1 Watson, Rodney	41	Woolgoolga A	33.26m
		32.28m 32.45m 31.63m 33.26m 31.75m 31.59m	
2 Davie, EJ	44	Sydney Strid	6.33m
		6.33m PASS PASS PASS PASS PASS	

Men Javelin 800g 40-44

Name	Age	Team	Finals
1 Watson, Rodney	41	Woolgoolga A	34.93m
		34.53m 34.93m 33.07m 31.37m 33.07m 33.17m	
2 Carr, Dominic	44	Nsw Masters	32.37m
		25.31m 30.59m 32.37m 29.80m 29.07m 28.95m	
3 Everett, Mike	42	Hills Distri	26.71m
		25.50m 25.35m 26.71m FOUL 23.90m 25.32m	
4 Davie, EJ	44	Sydney Strid	12.46m
		11.98m 12.46m	

Men Weight Throw 15.880kg 40-44

Name	Age	Team	Finals
1 Watson, Rodney	41	Woolgoolga A	9.71m
		9.71m 9.44m 8.66m 9.32m 9.27m FOUL	
2 Davie, EJ	44	Sydney Strid	4.46m
		4.46m FOUL FOUL FOUL FOUL FOUL	

Men 60 Meter 45-49

Name	Age	Team	Finals	Wind
1 Brack, Christopher	49	Mounties Ath	7.61	NWI
2 Wardecki, Krzysztof	46	Mounties Ath	7.65	NWI
3 Skala, David	45	Nsw Masters	7.77	NWI
4 Papalexion, George	45	Mingara Athl	7.82	NWI
5 Kotis, Con	49	The Scots Co	7.85	NWI
6 Speed, Brian	46	Camden Athle	8.48	NWI

Men 100 Meter 45-49

Name	Age	Team	Finals	Wind
1 Brack, Christopher	49	Mounties Ath	11.94	+0.0
2 Wardecki, Krzysztof	46	Mounties Ath	12.16	+0.0
3 Frost, Rich	48	Nsw Masters	12.60	+0.0
4 Papalexion, George	45	Mingara Athl	12.68	+0.0
5 Kotis, Con	49	The Scots Co	12.69	+0.0
6 Guest, Antony	49	U.T.S. North	12.92	+0.0
7 Kelly, John	48	Epping Distr	12.93	+0.0
8 Crowder, Llanley	48	Randwick Bot	13.30	+0.0
9 mather, greg	49	Nepean Distr	14.56	+0.0

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men 200 Meter 45-49**

Name	Age	Team	Finals	Wind
1 Brack, Christopher	49	Mounties Ath	24.21	NWI
2 Wardecki, Krzysztof	46	Mounties Ath	24.69	NWI
3 Papalexion, George	45	Mingara Athl	25.72	NWI
4 Kotis, Con	49	The Scots Co	26.26	NWI
5 Kelly, John	48	Epping Distr	26.46	NWI
6 mather, greg	49	Nepean Distr	30.21	NWI

Men 400 Meter 45-49

Name	Age	Team	Finals
1 Brack, Christopher	49	Mounties Ath	53.55
2 Wardecki, Krzysztof	46	Mounties Ath	55.55
3 James, Darrin	49	Kembla Joggers Inc.	57.21
4 Kelly, John	48	Epping Distr	58.40
5 Skala, David	45	Nsw Masters	59.26
6 Kelaher, Paul	46	Mingara Athl	59.83
7 West, Andy	47	U.T.S. North	1:04.74
8 Bartlett, Simon	48	Balmain Athl	1:05.83

Men 800 Meter 45-49

Name	Age	Team	Finals
1 James, Darrin	49	Kembla Joggers Inc.	2:10.72
2 Kelaher, Paul	46	Mingara Athl	2:14.69
3 Trainor, Paul	49	Sydney Strid	2:14.97
4 Wilson, Kenneth	48	Athletics East	2:22.95
5 Bartlett, Simon	48	Balmain Athl	2:27.38

Men 1500 Meter 45-49

Name	Age	Team	Finals
1 Tonge, David	45	Sydney Strid	4:22.42
2 McIntosh, Jason	45	Sydney Strid	4:32.64
3 James, Darrin	49	Kembla Joggers Inc.	4:38.85
4 Kelaher, Paul	46	Mingara Athl	4:45.41
5 Dunn, Robert	45	Camden Athle	4:57.96
6 Bartlett, Simon	48	Balmain Athl	5:31.41

Men 5000 Meter 45-49

Name	Age	Team	Finals
1 Tonge, David	45	Sydney Strid	16:14.35
2 Dunn, Robert	45	Camden Athle	19:24.21
3 Kistle, David	45	St. George D	21:12.57

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 110 Meter Hurdles 99.1cm 45-49

Name	Age	Team	Finals	Wind
1 Murphy, David	46	Balmain Athl	18.57	NWI
2 Watson, Andrew	45	Balmain Athl	18.69	NWI
3 Wardecki, Krzysztof	46	Mounties Ath	18.69	NWI

Men 400 Meter Hurdles 91.4cm 45-49

Name	Age	Team	Finals
1 Murphy, David	46	Balmain Athl	1:07.33

Men 3000 Meter Steeplechase 91.4cm 45-49

Name	Age	Team	Finals
1 Hynoski, Geoff	46	Illawarra Bl	12:45.12

Men High Jump 45-49

Name	Age	Team	Finals
1 Murphy, David	46	Balmain Athl	1.60m
			1.30 1.40 1.45 1.50 1.55 1.60
			O O O O O XO
2 Watson, Andrew	45	Balmain Athl	1.50m
			1.30 1.40 1.45 1.50 1.55
			O O O O XXX
2 Speed, Brian	46	Camden Athle	1.50m
			1.30 1.40 1.45 1.50 1.55
			O O O O XXX

Men Pole Vault 45-49

Name	Age	Team	Finals
1 Kohlrusch, Andrew	49	Balmain Athl	3.10m
			2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20
			O P P P P P XO P P O P XO X
2 Watson, Andrew	45	Balmain Athl	2.70m
			2.00 2.50 2.70 2.90
			O XXO O XXX
3 Murphy, David	46	Balmain Athl	2.10m
			2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70
			O O P P P P P P

Men Long Jump 45-49

Name	Age	Team	Finals	Wind
1 Crowder, Llanley	48	Randwick Bot	5.48m	NWI
			5.20m(+0.0) 5.48m(+0.0) 5.21m(-0.6) 5.16m(-1.0) 5.14m(1.1) 5.33m(+0.0)	
2 Guest, Antony	49	U.T.S. North	4.98m	NWI
			4.98m(+0.0) FOUL(+0.0) FOUL(+0.0) 4.97m(+0.0) 4.97m(+0.0) FOUL(+0.0)	

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men Long Jump 45-49

3	Watson, Andrew	45	Balmain Athl	4.92m	NWI
				4.92m(+0.0)	4.82m(-0.2)
				4.87m(+0.0)	4.89m(+0.0)
				4.01m(+0.0)	
4	Murphy, David	46	Balmain Athl	4.83m	NWI
				4.41m(+0.0)	4.61m(+0.0)
				4.80m(-0.3)	4.83m(+0.0)
				4.62m(+0.0)	
5	Kelly, John	48	Epping Distr	4.82m	NWI
				4.24m(+0.0)	4.34m(-0.3)
				4.52m(-1.1)	4.64m(+0.0)
				4.51m(+0.0)	4.82m(+0.0)

Men Triple Jump 45-49

Name	Age	Team	Finals	Wind	
1	Watson, Andrew	45	Balmain Athl	10.17m	0.1
				9.89m(1.4)	9.49m(+0.0)
				FOUL(0.5)	9.96m(0.5)
				10.17m(0.1)	
2	Murphy, David	46	Balmain Athl	9.55m	0.7
				9.46m(+0.0)	9.55m(0.7)

Men Shot Put 7.26kg 45-49

Name	Age	Team	Finals	
1	Watson, Andrew	45	Balmain Athl	11.91m
				11.54m
				11.76m
				11.91m
				10.87m
				FOUL
2	Sutton, Stuart	45	Mingara Athl	10.22m
				FOUL
				10.00m
				10.22m
				9.69m
				10.00m
				9.62m
3	Fassolis, Jim	49	Campbelltown	10.09m
				9.56m
				9.50m
				10.09m
				10.02m
				9.75m
				10.02m
4	Kelly, John	48	Epping Distr	9.58m
				7.82m
				9.56m
				9.58m
				9.21m
				8.96m
				9.11m
5	Murphy, David	46	Balmain Athl	8.37m
				7.87m
				8.37m
				7.80m

Men Discus 2kg 45-49

Name	Age	Team	Finals	
1	Watson, Andrew	45	Balmain Athl	34.00m
				29.27m
				33.87m
				34.00m
				30.65m
				33.73m
				29.49m
2	Sutton, Stuart	45	Mingara Athl	33.78m
				32.16m
				33.78m
				32.11m
				FOUL
				FOUL
				FOUL
3	Fassolis, Jim	49	Campbelltown	27.98m
				26.81m
				27.21m
				FOUL
				26.55m
				24.43m
				27.98m
4	Murphy, David	46	Balmain Athl	24.79m
				FOUL
				24.10m
				24.79m

Men Hammer 7.26kg 45-49

Name	Age	Team	Finals	
1	Fassolis, Jim	49	Campbelltown	38.94m
				FOUL
				36.46m
				FOUL
				37.91m
				38.05m
				38.94m
2	Stenning, Matthew	48	Asics Wests	37.99m
				35.50m
				36.70m
				37.99m
				36.42m
				FOUL
				35.82m
3	Sutton, Stuart	45	Mingara Athl	26.91m
				FOUL
				26.01m
				FOUL
				26.37m
				26.91m
				24.58m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Javelin 800g 45-49

Name	Age	Team	Finals
1 Carter, Geoff	48	Blue Mountai	42.27m
		40.51m 42.27m 40.83m 38.20m 41.31m 42.16m	
2 Watson, Andrew	45	Balmain Athl	41.85m
		37.44m 39.98m 37.61m 41.85m 39.75m	
3 Murphy, David	46	Balmain Athl	41.74m
		40.77m 35.64m 41.74m 39.69m 39.16m 39.17m	
4 Kohlrusch, Andrew	49	Balmain Athl	40.58m
		37.69m 39.36m 39.52m 40.58m	
5 Melton-Agbohlah, Keith	45	Nsw Masters	34.72m
		30.31m 25.84m 23.42m 34.72m 32.02m 31.02m	

Men Weight Throw 15.880kg 45-49

Name	Age	Team	Finals
1 Stenning, Matthew	48	Asics Wests	10.72m
		10.35m 10.63m 9.82m 10.72m 10.48m 10.49m	
2 Fassolis, Jim	49	Campbelltown	10.62m
		FOUL 10.62m 9.90m 10.53m FOUL 9.97m	
3 Sutton, Stuart	45	Mingara Athl	9.37m
		7.63m 8.62m 9.37m 8.63m 6.76m 8.73m	

Men 5000 Meter Race Walk 45-49

Name	Age	Team	Finals
1 Jessurun, Ian	47	Nsw Masters	26:36.07
-- Kistle, David	45	St. George D	DQ IAAF 230.1

Men 60 Meter 50-54

Name	Age	Team	Finals	Wind
1 Devery, Todd	54	Blue Mountai	8.07	NWI
2 Daly, Mick	53	Mingara Athl	8.10	NWI
3 Downing, Laurie	51	South Sydney	8.15	NWI
4 Taylor, Dean	-1	Sydney Pacif	8.19	NWI
5 Boursnell, David	52	Mingara Athl	8.26	NWI
6 Crimi, Anthony	53	U.T.S. North	8.31	NWI
7 mcgrath, tim	52	U.T.S. North	8.31	NWI
8 James, Craig	52	Sutherland D	8.33	NWI

Men 100 Meter 50-54

Top 9 Advance by Time

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 Izzo, Herman	54	Sydney Pacif	12.65q	1.1	2
2 Murray, Peter	54	Nsw Masters	12.70q	1.1	2
3 Devery, Todd	54	Blue Mountai	12.74q	1.1	2
4 Hughes, Darren	52	Mounties Ath	12.75q	NWI	1

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****....Men 100 Meter 50-54**

5	Daly, Mick	53	Mingara Athl	12.77q	1.1	2
6	Holmes, Neil	53	Nsw Masters	12.77q	1.1	2
7	Provenzano, Alan	51	Nsw Masters	12.94q	NWI	1
7	Downing, Laurie	51	South Sydney	12.94q	1.1	2
9	Crimi, Anthony	53	U.T.S. North	13.01q	NWI	1
10	Taylor, Dean	-1	Sydney Pacif	13.02	NWI	1
11	Boursnell, David	52	Mingara Athl	13.03	NWI	1
12	James, Craig	52	Sutherland D	14.21	1.1	2
13	Brooks, Barry	50	Sydney Pacif	14.78	NWI	1

Men 100 Meter 50-54

Name	Age	Team	Finals	Wind
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Finals

1	Hughes, Darren	52	Mounties Ath	11.98	0.1
2	Izzo, Herman	54	Sydney Pacif	12.49	0.1
3	Holmes, Neil	53	Nsw Masters	12.75	0.1
4	Devery, Todd	54	Blue Mountai	12.84	0.1
5	Murray, Peter	54	Nsw Masters	12.88	0.1
6	Daly, Mick	53	Mingara Athl	13.05	0.1
7	Downing, Laurie	51	South Sydney	13.14	0.1
8	Provenzano, Alan	51	Nsw Masters	13.19	0.1
9	Crimi, Anthony	53	U.T.S. North	13.30	0.1

Men 200 Meter 50-54

Name	Age	Team	Finals	Wind
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1	Hughes, Darren	52	Mounties Ath	24.05	NWI
2	Izzo, Herman	54	Sydney Pacif	25.35	NWI
3	Devery, Todd	54	Blue Mountai	26.16	NWI
4	Taylor, Dean	-1	Sydney Pacif	26.42	NWI
5	Crimi, Anthony	53	U.T.S. North	27.08	NWI
6	Daly, Mick	53	Mingara Athl	27.14	NWI
7	Clarson, Colin	51	Illawarra Bl	28.35	NWI
8	James, Craig	52	Sutherland D	28.80	NWI

Men 400 Meter 50-54

Name	Age	Team	Finals
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1	Hughes, Darren	52	Mounties Ath	53.94
2	Devery, Todd	54	Blue Mountai	58.17
3	Boursnell, David	52	Mingara Athl	59.63
4	Murray, Peter	54	Nsw Masters	59.77
5	Izzo, Herman	54	Sydney Pacif	1:00.65
6	Herger, Georg	53	Illawong and	1:01.17
7	Clarson, Colin	51	Illawarra Bl	1:02.38
8	James, Craig	52	Sutherland D	1:03.62
9	Cozijnsen, Ronald	52	Sutherland D	1:06.28

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 800 Meter 50-54

Name	Age	Team	Finals
1 Hanley, Peter	51	U.T.S. North	2:16.78
2 Sharpe, Brad	54	U.T.S. North	2:20.67
3 Cozijnsen, Ronald	52	Sutherland D	2:21.44
4 Clarson, Colin	51	Illawarra Bl	2:25.72
5 Herger, Georg	53	Illawong and	2:26.47
6 Devery, Todd	54	Blue Mountai	2:28.88
-- Houghton, David	52	Nsw Masters	DNF

Men 1500 Meter 50-54

Name	Age	Team	Finals
1 Combe, Robert	52	Sutherland D	4:51.07
2 Sharpe, Brad	54	U.T.S. North	4:56.21
3 Cozijnsen, Ronald	52	Sutherland D	5:00.69
4 Clarson, Colin	51	Illawarra Bl	5:07.40
5 Spehr, Peter	53	Randwick Bot	5:13.76
6 Sheringham, Paul	52	Sutherland D	5:43.80
-- Carmody, Mark	54	Randwick Bot	DNF

Men 5000 Meter 50-54

Name	Age	Team	Finals
1 Simpson, John	54	Illawong and	18:18.39
2 Combe, Robert	52	Sutherland D	18:38.59
3 Thompson, John	52	Illawong and	21:30.68
4 Sheringham, Paul	52	Sutherland D	21:39.53
5 Clark, Robert	53	Cherrybrook	23:31.08

Men 100 Meter Hurdles 91.4cm 50-54

Name	Age	Team	Finals	Wind
1 mcgrath, tim	52	U.T.S. North	17.90	0.5
2 Murray, Peter	54	Nsw Masters	18.59	0.5
3 jankowski, george	52	Hills Distri	21.52	0.5
4 Womsley, Garry	51	Hills Distri	23.53	0.5

Men 400 Meter Hurdles 84.0cm 50-54

Name	Age	Team	Finals
1 Herger, Georg	53	Illawong and	1:07.28
2 O'Connor, Anthony	51	Nsw Masters	1:09.11
3 Taylor, Dean	-1	Sydney Pacif	1:12.45

Men 3000 Meter Steeplechase 91.4cm 50-54

Name	Age	Team	Finals
1 Combe, Robert	52	Sutherland D	11:47.03

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men 3000 Meter Steeplechase 91.4cm 50-54

2	Howe, Bernard	50	Bankstown Sp	12:16.82
3	Womsley, Garry	51	Hills Distri	13:43.92

Men High Jump 50-54

Name	Age	Team	Finals
1 Downing, Laurie	51	South Sydney	1.56m
			1.50 1.53 1.56 1.62
			XO O O XXX
2 Herger, Georg	53	Illawong and	1.53m
			1.45 1.50 1.53 1.56
			O XO O XXX
3 Murray, Peter	54	Nsw Masters	1.50m
			1.30 1.35 1.40 1.45 1.50
			O O O XO O
4 mcgrath, tim	52	U.T.S. North	1.35m
			1.20 1.30 1.35 1.40
			O O O XXX
5 Novicic, Zoran	54	U.T.S. North	1.35m
			1.20 1.25 1.30 1.35 1.40
			O O O XXO XXX

Men Pole Vault 50-54

Name	Age	Team	Finals
1 mcgrath, tim	52	U.T.S. North	3.30m
			1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.30
			P P P P P P P P P P P O P O O P XO
2 jankowski, george	52	Hills Distri	2.90m
			1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00
			P P P P O O P P XO P XO O O XO XXX
3 Provenzano, Alan	51	Nsw Masters	2.50m
			1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50
			P P P P O O O XO O XXO
-- Murray, Peter	54	Nsw Masters	NH
			1.60 1.70 1.80 1.90 2.00 2.10 2.20
			P P P P P P XXX

Men Long Jump 50-54

Name	Age	Team	Finals	Wind
1 Provenzano, Alan	51	Nsw Masters	4.86m	NWI
			4.58m(+0.0) 4.73m(+0.0) 4.72m(-0.1) 4.80m(+0.0) 4.82m(-0.6) 4.86m(+0.0)	
2 mcgrath, tim	52	U.T.S. North	4.81m	NWI
			4.58m(+0.0) 4.68m(+0.0) 4.81m(-0.4) 4.79m(0.2) FOUL(+0.0)	
3 Downing, Laurie	51	South Sydney	4.57m	NWI
			FOUL(-0.3) FOUL(+0.0) 4.57m(-0.3) FOUL(+0.0) 3.61m(+0.0) FOUL(+0.0)	
4 Novicic, Zoran	54	U.T.S. North	4.32m	NWI
			3.93m(+0.0) 3.78m(+0.0) FOUL(-0.1) 2.82m(-0.5) 4.09m(+0.0) 4.32m(-0.9)	

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men Triple Jump 50-54**

Name	Age	Team	Finals	Wind
1 Downing, Laurie	51	South Sydney	10.21m	1.0
			9.79m(+0.0) 9.94m(+0.0) 9.19m(+0.0) 10.02m(+0.0) 9.77m(+0.0)	10.21m(1.0)
2 Novicic, Zoran	54	U.T.S. North	8.90m	1.0
			8.55m(+0.0) 8.90m(1.0) 8.33m(+0.0)	
3 jankowski, george	52	Hills Distri	8.59m	0.4
			7.57m(+0.0) 8.59m(0.4) 8.15m(+0.0)	

Men Shot Put 6kg 50-54

Name	Age	Team	Finals
1 Gyngell, Stuart	51	Athletics Wo	16.44m
			16.17m FOUL 16.44m FOUL 16.42m FOUL
2 mcgrath, tim	52	U.T.S. North	10.98m
			10.86m 10.90m 10.98m FOUL
3 Murray, Peter	54	Nsw Masters	10.16m
			9.86m 9.99m 10.16m
4 Clark, Robert	53	Cherrybrook	9.05m
			8.99m 8.63m 9.05m 9.05m 8.95m 8.80m

Men Discus 1.5kg 50-54

Name	Age	Team	Finals
1 Gyngell, Stuart	51	Athletics Wo	45.83m
			45.83m 45.31m FOUL FOUL FOUL 45.55m
2 mcgrath, tim	52	U.T.S. North	34.54m
			30.91m 29.29m 34.07m 34.54m FOUL 29.40m
3 Clark, Robert	53	Cherrybrook	28.76m
			28.76m 27.94m 27.04m FOUL 27.24m 8.40m
4 Murray, Peter	54	Nsw Masters	26.88m
			22.44m 26.88m 23.25m PASS PASS PASS
5 Novicic, Zoran	54	U.T.S. North	25.30m
			24.98m 22.26m 23.60m FOUL 25.30m FOUL

Men Hammer 6kg 50-54

Name	Age	Team	Finals
1 Gyngell, Stuart	51	Athletics Wo	45.03m
			43.21m 44.80m 43.53m 45.03m 44.60m FOUL
2 Clark, Robert	53	Cherrybrook	30.15m
			FOUL 24.72m 28.16m 30.15m 24.06m FOUL
3 jankowski, george	52	Hills Distri	23.87m
			23.54m 23.87m x

Men Javelin 700g 50-54

Name	Age	Team	Finals
1 Provenzano, Alan	51	Nsw Masters	36.84m
			27.34m 36.84m 33.01m 34.45m 35.46m 35.98m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****....Men Javelin 700g 50-54**

2	mcgrath, tim	52	U.T.S. North	34.45m
	29.33m 31.29m 31.83m	FOUL	30.51m 34.45m	
3	Downing, Laurie	51	South Sydney	34.16m
	32.62m 30.63m 33.20m	30.96m	34.16m 33.57m	
4	Murray, Peter	54	Nsw Masters	34.15m
	34.11m 33.58m 34.15m			
5	Herger, Georg	53	Illawong and	33.57m
	FOUL 30.69m 32.86m	PASS	33.57m FOUL	
6	Novicic, Zoran	54	U.T.S. North	29.98m
	26.96m 25.89m 29.98m	27.13m	24.50m 26.64m	
7	Clark, Robert	53	Cherrybrook	28.18m
	25.56m 28.18m 25.57m	FOUL	20.07m FOUL	
8	jankowski, george	52	Hills Distri	24.51m
	21.47m 24.51m	PASS PASS	PASS PASS	

Men Weight Throw 11.340kg 50-54

Name	Age	Team	Finals
1 Gyngell, Stuart	51	Athletics Wo	17.01m
			17.01m FOUL FOUL FOUL FOUL 16.51m
2 Clark, Robert	53	Cherrybrook	11.32m
			FOUL FOUL 10.92m 11.32m FOUL FOUL
3 jankowski, george	52	Hills Distri	8.72m
			6.20m PASS PASS 8.50m 8.72m PASS

Men 60 Meter 55-59

Name	Age	Team	Finals	Wind
1 Shepherd, Pete	55	Illawarra Bl	8.15	NWI
2 Smith, David	59	U.T.S. North	8.27	NWI
3 Carr, Paul	56	Mingara Athl	8.45	NWI
4 Ross, Ron	56	Nsw Masters	8.46	NWI
5 Giesler, Rob	55	Girraween At	8.76	NWI
6 Stepanovich, Robert	59	Nsw Masters	8.86	NWI
7 luck, david	55	Illawong and	9.18	NWI

Men 100 Meter 55-59

Name	Age	Team	Finals	Wind
1 Mayston, Rob	57	Victoria	12.35	0.8
2 Shepherd, Pete	55	Illawarra Bl	12.96	0.8
3 Smith, David	59	U.T.S. North	13.11	0.8
4 Giesler, Rob	55	Girraween At	13.44	0.8
5 Carr, Paul	56	Mingara Athl	13.50	0.8
6 Mitchell, David	59	Wallsend Rsl	13.93	0.8
7 Stepanovich, Robert	59	Nsw Masters	14.19	0.8
8 luck, david	55	Illawong and	14.45	0.8

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men 200 Meter 55-59**

Name	Age	Team	Finals	Wind
1 Mayston, Rob	57	Victoria	25.02	-0.1
2 Young, Trevor	56	U.T.S. North	25.48	-0.1
3 Shepherd, Pete	55	Illawarra Bl	27.19	-0.1
4 Carr, Paul	56	Mingara Athl	27.63	-0.1
5 Giesler, Rob	55	Girraween At	27.83	-0.1
6 Mitchell, David	59	Wallsend Rsl	28.86	-0.1
7 luck, david	55	Illawong and	30.15	-0.1

Men 400 Meter 55-59

Name	Age	Team	Finals
1 Mayston, Rob	57	Victoria	56.30
2 Young, Trevor	56	U.T.S. North	56.37
3 Carr, Paul	56	Mingara Athl	1:03.57
4 Mitchell, David	59	Wallsend Rsl	1:06.97

Men 800 Meter 55-59

Name	Age	Team	Finals
1 Conyers, Mark	59	Koorringal -W	2:33.95
2 Paterson, Stuart	58	U.T.S. North	2:39.25
3 Beirne, Greg	58	Hills Distri	2:42.90

Men 1500 Meter 55-59

Name	Age	Team	Finals
1 Carvalho, Jose	56	St. George D	5:05.46
2 Willis, Barry	58	Mingara Athl	5:07.86
3 rose, ian	56	Hills Distri	5:12.25
4 Conyers, Mark	59	Koorringal -W	5:29.17
5 Beirne, Greg	58	Hills Distri	5:39.64
-- Paterson, Stuart	58	U.T.S. North	DNF

Men 5000 Meter 55-59

Name	Age	Team	Finals
1 Carvalho, Jose	56	St. George D	18:40.74
2 Willis, Barry	58	Mingara Athl	19:07.08
3 rose, ian	56	Hills Distri	19:37.88
4 Conyers, Mark	59	Koorringal -W	20:48.19
5 Osborne, Robert	59	Nepean Distr	22:04.47
-- Terranova, Nicolas	57	Hills Distri	DNF

Men 100 Meter Hurdles 91.4cm 55-59

Name	Age	Team	Finals	Wind
1 Carr, Paul	56	Mingara Athl	19.45	NWI

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men 100 Meter Hurdles 91.4cm 55-59

2	Hanbury-Brown, Robert	58	Ryde Athleti	23.43	NWI
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Men 400 Meter Hurdles 84.0cm 55-59

Name	Age	Team	Finals
1 Carr, Paul	56	Mingara Athl	1:28.43

Men 3000 Meter Steeplechase 91.4cm 55-59

Name	Age	Team	Finals
1 Gonye, Leslie	57	University o	17:08.54
2 Pomplun, Bill	55	Nowra Athlet	18:46.20

Men High Jump 55-59

Name	Age	Team	Finals
1 Hanbury-Brown, Robert	58	Ryde Athleti	1.30m
			1.20 1.30
			O O

Men Pole Vault 55-59

Name	Age	Team	Finals
1 Tyler, William	55	Athletics Wo	3.00m
			2.60 2.70 2.80 2.90 3.00 3.10
			O O O XO O XXX
2 Chapman, Frank	59	Australian Capit	2.60m
			2.60 2.70 2.90 3.10
			O O XX X

Men Long Jump 55-59

Name	Age	Team	Finals	Wind
1 Mayston, Rob	57	Victoria	5.15m	NWI
			4.76m(+0.0) 4.83m(+0.0) FOUL(0.3) 4.91m(+0.0) 4.87m(+0.0) 5.15m(-0.8)	
2 Mitchell, David	59	Wallsend Rsl	4.68m	NWI
			4.25m(0.9) 4.30m(0.1) 4.68m(+0.0) 4.24m(-1.4) 4.26m(-0.1)	
3 O'Donnell, Anthony	56	Blue Mountai	4.23m	NWI
			4.15m(+0.0) 4.01m(1.3) 4.23m(+0.0) 3.98m(-0.1) 3.89m(-0.2) 3.83m(+0.0)	
4 Giesler, Rob	55	Girraween At	4.21m	NWI
			4.21m(NWI) 3.77m(0.3) 3.82m(+0.0) 3.96m(-1.5) 3.92m(-0.9) 4.12m(+0.0)	

Men Triple Jump 55-59

Name	Age	Team	Finals	Wind
1 Mitchell, David	59	Wallsend Rsl	9.61m	1.0
			9.44m(+0.0) 9.61m(1.0) 9.39m(+0.0) FOUL(+0.0)	

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men Triple Jump 55-59

2	Giesler, Rob	55	Girraween At	8.98m	+0.0					
				8.06m(-1.0)	8.98m(+0.0)	8.60m(+0.0)	8.40m(+0.0)	8.23m(+0.0)	FOUL(2.6)	
3	O'Donnell, Anthony	56	Blue Mountai	8.74m	+0.0					
				8.57m(-1.2)	8.74m(+0.0)	8.41m(+0.0)	8.57m(+0.0)	8.65m(+0.0)	8.39m(+0.0)	

Men Shot Put 6kg 55-59

Name	Age	Team	Finals
1 Hanbury-Brown, Robert	58	Ryde Athleti	10.46m
			10.07m 10.46m FOUL FOUL 10.10m 10.14m
2 Joni, Lajos	59	Ryde Athleti	10.21m
			8.97m 9.58m 10.06m 10.11m 10.21m 9.96m
3 Pomplun, Bill	55	Nowra Athlet	8.34m
			8.19m 7.86m 8.34m 8.01m 8.21m FOUL

Men Discus 1.5kg 55-59

Name	Age	Team	Finals
1 Hanbury-Brown, Robert	58	Ryde Athleti	34.27m
			FOUL FOUL 32.41m 32.43m 34.27m 33.89m
2 Atkinson-Howatt, Andrew	58	Ryde Athleti	32.11m
			26.94m 29.06m 27.30m 32.11m 26.62m FOUL
3 Joni, Lajos	59	Ryde Athleti	30.27m
			27.38m 30.27m 29.01m FOUL 30.15m 29.13m

Men Hammer 6kg 55-59

Name	Age	Team	Finals
1 Joni, Lajos	59	Ryde Athleti	40.75m
			35.70m 39.24m 35.40m 39.82m 38.49m 40.75m
2 Hanbury-Brown, Robert	58	Ryde Athleti	32.26m
			31.35m 32.26m
3 Horsnell, Matthew	57	Mingara Athl	30.21m
			25.68m 28.60m FOUL 30.21m 28.11m 28.40m
4 O'Donnell, Anthony	56	Blue Mountai	21.22m
			FOUL 21.22m

Men Javelin 700g 55-59

Name	Age	Team	Finals
1 Atkinson-Howatt, Andrew	58	Ryde Athleti	39.44m
			36.60m 36.95m 35.33m 36.06m 35.71m 39.44m
2 Fisher, Kevin	56	Parramatta C	39.33m
			37.00m 38.60m 38.28m 38.28m 38.78m 39.33m
3 Hanbury-Brown, Robert	58	Ryde Athleti	36.32m
			34.75m 31.64m 34.78m 35.77m 36.32m 35.03m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Weight Throw 11.340kg 55-59

Name	Age	Team	Finals
1 Joni, Lajos	59	Ryde Athleti	13.03m
		11.62m 13.03m FOUL FOUL 11.73m FOUL	
2 Hanbury-Brown, Robert	58	Ryde Athleti	12.89m
		11.93m 12.77m FOUL 12.50m 12.72m 12.89m	
3 O'Donnell, Anthony	56	Blue Mountai	9.75m
		9.75m FOUL 8.70m 9.13m 8.62m 7.90m	

Men 5000 Meter Race Walk 55-59

Name	Age	Team	Finals
1 Osborne, Robert	59	Nepean Distr	30:22.27
2 Pomplun, Bill	55	Nowra Athlet	37:46.85

Men 60 Meter 60-64

Name	Age	Team	Finals	Wind
1 Porter, Ken	61	Nepean Distr	8.19	-1.6
2 Percival, Drew	60	Campbelltown	8.25	-1.6
3 lynch, martin	63	Sydney Pacif	8.90	-1.6
4 Marriott, Wayne	60	Sydney Pacif	9.03	-1.6

Men 100 Meter 60-64

Name	Age	Team	Finals	Wind
1 Porter, Ken	61	Nepean Distr	13.02	NWI
2 Percival, Drew	60	Campbelltown	13.36	NWI
3 Hepburn, Greg	60	Campbelltown	13.75	NWI
4 Marriott, Wayne	60	Sydney Pacif	14.00	NWI

Men 200 Meter 60-64

Name	Age	Team	Finals	Wind
1 Porter, Ken	61	Nepean Distr	26.46	0.4
2 Percival, Drew	60	Campbelltown	27.77	0.4
3 Ramondetta, Victor	60	U.T.S. North	27.79	0.4
4 Hepburn, Greg	60	Campbelltown	28.50	0.4
5 Marriott, Wayne	60	Sydney Pacif	29.61	0.4
6 Fowler, Neil	63	Nsw Masters	30.52	0.4

Men 400 Meter 60-64

Name	Age	Team	Finals
1 Porter, Ken	61	Nepean Distr	1:01.52
2 Ramondetta, Victor	60	U.T.S. North	1:04.08
3 Fowler, Neil	63	Nsw Masters	1:08.88
4 Marriott, Wayne	60	Sydney Pacif	1:10.52

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 1500 Meter 60-64

Name	Age	Team	Finals
1 Wylie, Dennis	62	Hills Distri	5:08.29

Men 5000 Meter 60-64

Name	Age	Team	Finals
1 Wylie, Dennis	62	Hills Distri	19:54.36

Men 100 Meter Hurdles 84.0cm 60-64

Name	Age	Team	Finals	Wind
1 Marriott, Wayne	60	Sydney Pacif	17.88	1.0
2 Fowler, Neil	63	Nsw Masters	19.20	1.0

Men 300 Meter Hurdles 76.0cm 60-64

Name	Age	Team	Finals
1 Fowler, Neil	63	Nsw Masters	50.73
2 Marriott, Wayne	60	Sydney Pacif	56.22

Men 2000 Meter Steeplechase 76.2cm 60-64

Name	Age	Team	Finals
1 Wylie, Dennis	62	Hills Distri	8:03.68

Men High Jump 60-64

Name	Age	Team	Finals
1 Tompkins, Clay	62	U.T.S. North	1.50m
			1.40 1.45 1.50 1.53
			O XO O XXX

Men Pole Vault 60-64

Name	Age	Team	Finals
1 Carrero, Phillip	63	Bankstown Sp	3.00m
			2.80 3.00 3.10
			O XXO XXX

Men Long Jump 60-64

Name	Age	Team	Finals	Wind
1 Tompkins, Clay	62	U.T.S. North	4.84m	NWI
			4.60m(-1.0) 4.84m(+0.0) FOUL(1.1) 3.68m(+0.0)	
2 Marriott, Wayne	60	Sydney Pacif	3.94m	NWI
			FOUL(0.4) 3.94m(+0.0) FOUL(+0.0)	

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Triple Jump 60-64

Name	Age	Team	Finals	Wind
1 Tompkins, Clay	62	U.T.S. North	11.33m	0.4
			10.65m(-1.2) 11.33m(0.4) 11.23m(+0.0) 10.96m(-0.6) 10.73m(-1.8)	
2 Quick, Peter	62	Mingara Athl	8.68m	+0.0
			8.21m(+0.0) 8.67m(+0.0) 8.53m(+0.0) 8.68m(+0.0) 8.49m(+0.0) 8.59m(1.5)	

Men Shot Put 5kg 60-64

Name	Age	Team	Finals
1 Murray, Gavin	60	Nsw Masters	12.10m
			11.64m 11.98m 11.85m FOUL 11.73m 12.10m
2 Denning, Steven	60	Hills Distri	10.34m
			9.53m 10.34m 10.22m 8.69m 9.77m 8.80m
3 Crumpton, Geoff	60	Mingara Athl	10.23m
			9.81m FOUL 8.98m 10.23m FOUL 9.95m
4 Guthrie, Ian	60	Balmain Athl	9.54m
			8.99m 9.45m 8.79m 9.54m 9.04m 9.45m
5 Ross, Dave	64	Athletics Wo	8.28m
			7.51m 8.28m 7.91m 7.62m 7.73m 7.71m
6 West, John	64	Nsw Masters	7.31m
			6.80m 6.69m 7.01m 7.31m 6.73m 7.11m

Men Discus 1kg 60-64

Name	Age	Team	Finals
1 Murray, Gavin	60	Nsw Masters	42.63m
			40.15m 41.24m FOUL FOUL 42.63m 41.31m
2 Crumpton, Geoff	60	Mingara Athl	35.44m
			32.00m 33.53m 32.17m 35.44m FOUL 33.74m
3 Denning, Steven	60	Hills Distri	34.03m
			34.03m FOUL FOUL 3.30m FOUL 33.37m
4 Ross, Dave	64	Athletics Wo	32.43m
			32.15m 31.36m 24.28m 7.63m FOUL 32.43m
5 Greenland, Peter	61	Nsw Masters	28.15m
			FOUL FOUL 21.65m 28.15m FOUL 22.24m
6 Guthrie, Ian	60	Balmain Athl	26.55m
			2.28m FOUL FOUL FOUL 26.55m 24.11m
7 West, John	64	Nsw Masters	25.68m
			25.68m 23.86m 21.48m 25.68m 21.00m 25.56m

Men Hammer 5kg 60-64

Name	Age	Team	Finals
1 Murray, Gavin	60	Nsw Masters	41.18m
			39.62m FOUL 41.18m 40.29m 36.53m
2 Guthrie, Ian	60	Balmain Athl	32.16m
			FOUL FOUL 23.87m 32.16m FOUL FOUL
3 Crumpton, Geoff	60	Mingara Athl	31.60m
			28.75m 30.40m FOUL 30.41m 30.53m 31.60m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men Hammer 5kg 60-64

4	Ross, Dave	64	Athletics Wo	28.32m
	25.83m 24.97m 27.35m	28.32m 27.76m 27.45m		
5	Denning, Steven	60	Hills Distri	28.17m
	24.26m 27.44m 26.34m	26.88m 23.48m 28.17m		
6	West, John	64	Nsw Masters	17.16m
	15.67m 15.52m 16.47m	FOUL 14.98m 17.16m		
7	Jones, Robert (Bob)	64	U.T.S. North	14.90m
	13.22m 14.90m 13.83m	14.34m 14.52m 14.54m		

Men Javelin 600g 60-64

Name	Age	Team	Finals
1 Denning, Steven	60	Hills Distri	31.71m
	29.51m 28.69m 26.92m	31.71m 29.97m 28.61m	
2 Crumpton, Geoff	60	Mingara Athl	27.34m
	23.83m 24.11m 25.27m	25.38m 25.58m 27.34m	
3 West, John	64	Nsw Masters	26.87m
	21.96m 20.65m 26.87m	22.86m 26.15m 26.40m	
4 Greenland, Peter	61	Nsw Masters	25.92m
	22.27m 23.03m FOUL	25.92m 23.14m FOUL	
5 Ross, Dave	64	Athletics Wo	23.18m
	21.34m 22.32m 22.00m	23.18m 22.16m 22.91m	

Men Weight Throw 9.080kg 60-64

Name	Age	Team	Finals
1 Murray, Gavin	60	Nsw Masters	16.65m
	16.41m 14.96m 16.26m	16.65m	
2 Guthrie, Ian	60	Balmain Athl	13.77m
	FOUL 12.49m 13.77m	FOUL FOUL 12.68m	
3 Crumpton, Geoff	60	Mingara Athl	12.37m
	11.77m 12.37m 12.34m		
4 Ross, Dave	64	Athletics Wo	11.53m
	FOUL 10.82m 11.53m	10.78m 11.53m 10.21m	
5 West, John	64	Nsw Masters	8.01m
	FOUL 7.37m 7.38m 7.94m	8.01m 7.74m	
6 Jones, Robert (Bob)	64	U.T.S. North	6.38m
	5.89m 5.88m 5.85m 6.27m	6.29m 6.38m	

Men 5000 Meter Race Walk 60-64

Name	Age	Team	Finals
1 Bennett, Rodney	60	Sydney Strid	36:11.06
2 West, John	64	Nsw Masters	38:01.08

Men 60 Meter 65-69

Name	Age	Team	Finals	Wind
1 Lamb, John	65	Illawarra Bl	8.52	-1.6
2 Singh, Raminder	68	Girraween At	11.71	-1.6

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 100 Meter 65-69

Name	Age	Team	Finals	Wind
1 Lamb, John	65	Illawarra Bl	13.37	0.2
2 Singh, Raminder	68	Girraween At	18.95	0.2

Men 200 Meter 65-69

Name	Age	Team	Finals	Wind
1 Lamb, John	65	Illawarra Bl	27.27	NWI
2 Gillies, Leslie	67	U.T.S. North	31.38	NWI
3 Colbutn, Hugh	68	U.T.S. North	33.12	NWI
4 Singh, Raminder	68	Girraween At	42.94	NWI

Men 400 Meter 65-69

Name	Age	Team	Finals
1 Lamb, John	65	Illawarra Bl	1:01.10
2 hayward, stuart	65	Toukley Athl	1:11.08
3 Gillies, Leslie	67	U.T.S. North	1:14.27

Men 800 Meter 65-69

Name	Age	Team	Finals
1 hayward, stuart	65	Toukley Athl	2:31.41
2 Gordon, John	67	Nsw Masters	2:46.20
3 Gillies, Leslie	67	U.T.S. North	3:03.90

Men 1500 Meter 65-69

Name	Age	Team	Finals
1 Wright, Noel	68	Hills Distri	5:50.73
2 Napper, Stephen	68	Hills Distri	6:19.53

Men 5000 Meter 65-69

Name	Age	Team	Finals
1 Cassettari, Peter	66	Bankstown Sp	20:12.93
2 Scorzelli, Frank	68	St. George D	20:23.88
3 Krajewski, Witold	65	Kembla Joggers Inc.	20:42.22
4 Napper, Stephen	68	Hills Distri	23:04.58

Men 100 Meter Hurdles 84.0cm 65-69

Name	Age	Team	Finals	Wind
1 Lamb, John	65	Illawarra Bl	17.50	1.0

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 300 Meter Hurdles 76.0cm 65-69

Name	Age Team	Finals
1 Lamb, John	65 Illawarra Bl	47.96

Men 2000 Meter Steeplechase 76.2cm 65-69

Name	Age Team	Finals
1 Napper, Stephen	68 Hills Distri	10:04.43

Men High Jump 65-69

Name	Age Team	Finals
1 Searle, John	67 Sydney Pacif	1.45m
	1.30 1.35 1.40 1.45 1.50	
	O O XO O XXX	
2 Gordon, John	67 Nsw Masters	1.35m
	1.30 1.35 1.40	
	O XXO XXX	
3 Dlugolecki, Miet	66 Nsw Masters	1.25m
	1.10 1.15 1.20 1.25 1.30	
	O O O O XXX	
4 Peters, Noel	67 Nsw Masters	1.15m
	1.00 1.05 1.10 1.15 1.20	
	O O O O XXX	
5 Singh, Raminder	68 Girraween At	0.90m
	0.85 0.90 0.95	
	XO XO XXX	

Men Pole Vault 65-69

Name	Age Team	Finals
1 Barber, Tom	67 Hills Distri	2.40m
	2.00 2.20 2.40 2.50	
	O O XO XXX	

Men Long Jump 65-69

Name	Age Team	Finals	Wind
1 Searle, John	67 Sydney Pacif	4.77m	+0.0
	3.28m(+0.0) 4.34m(+0.0) 4.31m(0.1) 4.55m(-0.0) 4.77m(+0.0)		
2 Peters, Noel	67 Nsw Masters	3.79m	1.3
	3.59m(0.7) 3.79m(1.3) FOUL(1.1) FOUL(+0.0) 3.78m(+0.0) 3.76m(1.2)		
3 Barber, Tom	67 Hills Distri	3.64m	0.7
	3.58m(+0.0) 3.47m(1.0) 3.56m(1.9) 3.64m(0.7) 3.45m(0.6)		
4 Dlugolecki, Miet	66 Nsw Masters	3.42m	+0.0
	FOUL(-0.1) 3.25m(+0.0) 2.92m(+0.0) 3.37m(0.4) FOUL(1.2) 3.42m(+0.0)		
5 Singh, Raminder	68 Girraween At	2.37m	1.2
	2.17m(+0.0) 2.34m(+0.0) 2.37m(1.2)		

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Triple Jump 65-69

Name	Age Team	Finals	Wind
1 Peters, Noel	67 Nsw Masters	7.98m	+0.0
		7.40m(+0.0) 7.77m(+0.0) 7.90m(+0.0) 7.81m(+0.0) 7.98m(+0.0)	
2 Singh, Raminder	68 Girraween At	5.69m	+0.0
		5.69m(+0.0) 5.51m(+0.0) 5.58m(+0.0)	

Men Shot Put 5kg 65-69

Name	Age Team	Finals
1 Dlugolecki, Miet	66 Nsw Masters	10.27m
		FOUL 9.80m 10.04m 10.27m 8.85m 10.12m
2 Singh, Raminder	68 Girraween At	7.69m
		7.48m 7.62m 7.69m 7.60m 7.68m 7.39m

Men Discus 1kg 65-69

Name	Age Team	Finals
1 Gordon, John	67 Nsw Masters	34.87m
		34.87m 33.73m FOUL FOUL FOUL 28.63m
2 Dlugolecki, Miet	66 Nsw Masters	30.38m
		FOUL FOUL 30.38m FOUL FOUL 29.96m
3 Singh, Raminder	68 Girraween At	26.62m
		25.08m 25.81m 26.00m 26.62m 25.65m 23.99m
4 Peters, Noel	67 Nsw Masters	21.04m
		FOUL 21.04m FOUL

Men Hammer 5kg 65-69

Name	Age Team	Finals
1 Ward, Richard	66 Blue Mountai	29.85m
		26.21m 29.42m 28.72m 27.52m 29.85m 28.36m
2 Barber, Tom	67 Hills Distri	22.08m
		20.16m 20.76m 22.08m 20.67m
3 Singh, Raminder	68 Girraween At	20.79m
		19.35m 20.66m 20.49m 20.43m 20.79m 20.62m
4 Peters, Noel	67 Nsw Masters	18.65m
		18.19m FOUL 18.26m 18.65m FOUL FOUL

Men Javelin 600g 65-69

Name	Age Team	Finals
1 Gordon, John	67 Nsw Masters	31.68m
		29.89m 31.68m 29.01m PASS PASS PASS
2 Dlugolecki, Miet	66 Nsw Masters	25.30m
		23.61m 16.69m 24.12m 22.80m 22.54m 25.30m
3 Singh, Raminder	68 Girraween At	20.47m
		17.40m 18.45m 19.75m 20.19m 20.47m 19.34m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men Weight Throw 9.080kg 65-69

Name	Age	Team	Finals
1 Singh, Raminder	68	Girraween At	7.89m
		7.88m 7.89m 7.67m 7.60m FOUL 7.61m	

Men 5000 Meter Race Walk 65-69

Name	Age	Team	Finals
1 Connors, Robert	67	U.T.S. North	40:28.46

Men 60 Meter 70-74

Name	Age	Team	Finals	Wind
1 McIntyre, Neville	72	Athletics Gl	8.72	1.3
2 Green, Bruce	72	Nsw Masters	8.99	1.3
3 Ryan, Graham	72	Randwick Bot	10.04	1.3

Men 100 Meter 70-74

Name	Age	Team	Finals	Wind
1 McIntyre, Neville	72	Athletics Gl	13.93	0.2
2 Ryan, Graham	72	Randwick Bot	16.35	0.2

Men 200 Meter 70-74

Name	Age	Team	Finals	Wind
1 McIntyre, Neville	72	Athletics Gl	30.22	-0.8
2 Ryan, Graham	72	Randwick Bot	35.11	-0.8

Men 400 Meter 70-74

Name	Age	Team	Finals
1 McIntyre, Neville	72	Athletics Gl	1:11.77
2 Ryan, Graham	72	Randwick Bot	1:22.52
3 Warmoll, Bob	72	Hills Distri	1:26.96

Men 800 Meter 70-74

Name	Age	Team	Finals
1 Mathewson, Donald	70	Hills Distri	2:32.45
2 Warmoll, Bob	72	Hills Distri	3:07.74
3 Rix, Brian	73	Nsw Masters	3:13.38
4 Hodgson, Brian	74	St. George D	3:26.22
5 Allomes, Graham	71	Sydney Pacif	3:31.61
6 Gravitis, Vilis	72	St. George D	5:06.47

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men 1500 Meter 70-74**

Name	Age Team	Finals
1 Mathewson, Donald	70 Hills Distri	5:06.53
2 Warmoll, Bob	72 Hills Distri	6:33.38
3 Rix, Brian	73 Nsw Masters	6:37.75

Men 5000 Meter 70-74

Name	Age Team	Finals
1 Mathewson, Donald	70 Hills Distri	18:59.71
2 Allomes, Graham	71 Sydney Pacif	27:43.09

Men 300 Meter Hurdles 68.6cm 70-74

Name	Age Team	Finals
1 Ryan, Graham	72 Randwick Bot	1:01.24

Men 2000 Meter Steeplechase 76.2cm 70-74

Name	Age Team	Finals
1 Rix, Brian	73 Nsw Masters	10:46.56

Men Long Jump 70-74

Name	Age Team	Finals	Wind
1 Ryan, Graham	72 Randwick Bot	3.57m	NWI
		3.25m(+0.0) 3.57m(0.1) 3.42m(1.2) PASS	PASS 3.33m(1.1)
2 stubbs, kenneth	70 Mingara Athl	2.22m	NWI
		2.18m(+0.0) 2.22m(+0.0) 1.92m(+0.0) PASS	PASS PASS

Men Triple Jump 70-74

Name	Age Team	Finals	Wind
1 Ryan, Graham	72 Randwick Bot	7.57m	1.3
		7.37m(-0.6) 7.36m(+0.0) 7.46m(+0.0) 7.53m(1.2) 7.57m(1.3)	FOUL(+0.0)

Men Shot Put 4kg 70-74

Name	Age Team	Finals
1 christopher, leo	72 Nsw Masters	12.73m
		11.24m 11.83m 11.53m 12.20m 11.65m 12.73m
2 stubbs, kenneth	70 Mingara Athl	8.82m
		7.65m 8.25m 8.79m 8.49m 8.82m 8.42m
3 Wiggins, Bruce	73 Nsw Masters	7.00m
		6.63m 6.98m 6.71m 0.70m FOUL 7.00m

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men Discus 1kg 70-74**

Name	Age	Team	Finals
1 christopher, leo	72	Nsw Masters	36.36m
			28.51m 34.15m 36.27m FOUL FOUL 36.36m
2 stubbs, kenneth	70	Mingara Athl	24.43m
			23.17m 22.21m 21.88m 24.43m 22.88m 24.31m
3 Rix, Brian	73	Nsw Masters	22.15m
			19.97m 20.74m 20.02m 21.57m 22.15m 21.35m
4 Wiggins, Bruce	73	Nsw Masters	18.03m
			17.69m 16.21m FOUL 18.03m 17.39m 17.88m

Men Hammer 4kg 70-74

Name	Age	Team	Finals
1 Wiggins, Bruce	73	Nsw Masters	21.47m
			20.87m 21.47m 18.88m 18.16m 19.59m 20.23m
2 stubbs, kenneth	70	Mingara Athl	21.46m
			18.07m 20.76m 17.65m 17.39m 21.46m 19.56m
3 Allomes, Graham	71	Sydney Pacif	20.02m
			19.19m 20.02m 19.83m 19.89m 19.71m 19.64m
4 Rix, Brian	73	Nsw Masters	15.97m
			13.63m 15.97m 14.96m 14.75m 14.98m 15.49m

Men Javelin 500g 70-74

Name	Age	Team	Finals
1 Crombie, Peter	70	Sydney Pacif	29.59m
			29.59m 26.65m
2 stubbs, kenneth	70	Mingara Athl	22.24m
			17.22m 17.70m 22.24m 19.77m 19.45m 19.92m
3 Rix, Brian	73	Nsw Masters	20.97m
			16.12m 19.05m 20.97m 17.63m 17.26m 18.81m
4 Allomes, Graham	71	Sydney Pacif	19.76m
			18.65m 16.06m 19.76m 18.69m 17.21m 17.64m
5 Wiggins, Bruce	73	Nsw Masters	14.32m
			FOUL 14.32m 13.90m 12.66m 14.18m 14.31m

Men Weight Throw 7.260kg 70-74

Name	Age	Team	Finals
1 stubbs, kenneth	70	Mingara Athl	9.27m
			8.30m 8.13m 6.85m 8.46m FOUL 9.27m
2 Wiggins, Bruce	73	Nsw Masters	9.00m
			7.58m 8.50m FOUL 9.00m 8.70m FOUL
3 Rix, Brian	73	Nsw Masters	7.92m
			PASS FOUL 7.58m 7.77m 7.92m 5.80m

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 5000 Meter Race Walk 70-74

Name	Age	Team	Finals
1 White, Baden	70	Independent	42:54.79

Men 79&U 60 Meter 75-79

Name	Age	Team	Finals	Wind
1 Bastas, Nicholas	76	U.T.S. North	9.68	NWI
2 David, Morris	78	Nsw Masters	10.53	NWI
3 Johnson, Michael	79	U.T.S. North	10.65	NWI

Men 79&U 100 Meter 75-79

Name	Age	Team	Finals	Wind
1 Bastas, Nicholas	76	U.T.S. North	15.52	-0.2
2 Johnson, Michael	79	U.T.S. North	17.07	-0.2
3 David, Morris	78	Nsw Masters	17.37	-0.2

Men 79&U 200 Meter 75-79

Name	Age	Team	Finals	Wind
1 Bastas, Nicholas	76	U.T.S. North	33.99	1.0
2 Johnson, Michael	79	U.T.S. North	36.76	1.0

Men 79&U 400 Meter 75-79

Name	Age	Team	Finals
1 Wills, Ron	75	Ryde Athleti	1:25.77
2 Johnson, Michael	79	U.T.S. North	1:31.62

Men 79&U 800 Meter 75-79

Name	Age	Team	Finals
1 Spinney, John	75	Blue Mountai	3:25.45
2 Wills, Ron	75	Ryde Athleti	3:30.80
3 Perry, Ronald	75	Athletics Wo	3:43.51
4 Johnson, Michael	79	U.T.S. North	3:49.38

Men 79&U 1500 Meter 75-79

Name	Age	Team	Finals
1 Warren, John	76	Sydney Pacif	6:13.98
2 atkins, alan	76	Bankstown Sp	7:45.29

NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

Men 5000 Meter 75-79

Name	Age	Team	Finals
1 Spinney, John	75	Blue Mountai	25:03.17
2 Hillsdon, Roger	75	Bankstown Sp	25:56.69
3 Ulloa, Abdon	75	Bankstown Sp	26:55.59
4 atkins, alan	76	Bankstown Sp	29:55.43
5 Anthony, James	79	Nsw Masters	41:49.0h

Men 2000 Meter Steeplechase 76.2cm 75-79

Name	Age	Team	Finals
1 Perry, Ronald	75	Athletics Wo	12:16.99

Men High Jump 75-79

Name	Age	Team	Finals
1 Simcock, Ron	79	Athletics Wo	1.25m
0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25			
0 0 0 0 0 0 0 0 0			

Men Long Jump 75-79

Name	Age	Team	Finals	Wind
1 Bastas, Nicholas	76	U.T.S. North	3.52m	0.7
FOUL(+0.0) 3.37m(0.9) 3.21m(+0.0) 3.26m(1.8) 3.48m(+0.0) 3.52m(0.7)				
2 David, Morris	78	Nsw Masters	2.80m	+0.0
2.80m(+0.0) PASS PASS				

Men Triple Jump 75-79

Name	Age	Team	Finals	Wind
1 Bastas, Nicholas	76	U.T.S. North	7.62m	+0.0
6.88m(+0.0) 7.20m(+0.0) 7.35m(+0.0) 7.21m(+0.0) 7.62m(+0.0)				
2 David, Morris	78	Nsw Masters	5.79m	+0.0
5.79m(+0.0)				

Men Shot Put 4kg 75-79

Name	Age	Team	Finals
1 Simcock, Ron	79	Athletics Wo	9.40m
FOUL 9.40m 9.00m 9.33m 8.49m 9.36m			
2 Sowerby, Brett	75	Blue Mountai	8.87m
8.53m 8.61m 8.87m FOUL 8.76m 8.86m			

Men Discus 1kg 75-79

Name	Age	Team	Finals
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NSW Masters Championships - 21/02/2015 to 22/02/2015

Athletics NSW

SOPAC

Results

....Men Discus 1kg 75-79

1	Sowerby, Brett	75	Blue Mountai	30.78m
	FOUL FOUL 28.17m FOUL 30.52m 30.78m			
2	Simcock, Ron	79	Athletics Wo	25.84m
	23.97m 25.84m 25.84m 23.62m 20.44m			

Men Hammer 4kg 75-79

Name	Age	Team	Finals
1 Simcock, Ron	79	Athletics Wo	33.34m
	31.27m 32.57m 32.52m 33.29m 33.17m 33.34m		
2 Perry, Ronald	75	Athletics Wo	18.78m
	18.78m 18.50m 17.87m 14.43m 14.52m 13.82m		

Men Javelin 500g 75-79

Name	Age	Team	Finals
1 Simcock, Ron	79	Athletics Wo	29.44m
	25.99m 25.97m 29.44m 27.16m 28.77m 27.14m		
2 Bastas, Nicholas	76	U.T.S. North	24.15m
	19.48m FOUL 24.15m 23.28m		
3 Sowerby, Brett	75	Blue Mountai	15.30m
	15.30m x		

Men Weight Throw 7.260kg 75-79

Name	Age	Team	Finals
1 Simcock, Ron	79	Athletics Wo	13.47m
	FOUL 11.03m FOUL 12.47m 13.47m 11.85m		
2 Sowerby, Brett	75	Blue Mountai	11.65m
	11.00m 11.65m 11.35m FOUL 11.29m FOUL		

Men 5000 Meter Race Walk 75-79

Name	Age	Team	Finals
1 Seymon, Jim	77	U.T.S. North	34:09.34
2 Biggs, Kevin	76	Nsw Masters	38:37.63

Men 60 Meter 80+

Name	Age	Team	Finals	Wind
1 Hughes, Richard	82	U.T.S. North	10.33	NWI

Men 100 Meter 80+

Name	Age	Team	Finals	Wind
1 Hughes, Richard	82	U.T.S. North	16.55	-0.2

NSW Masters Championships - 21/02/2015 to 22/02/2015**Athletics NSW****SOPAC****Results****Men 200 Meter 80+**

Name	Age Team	Finals	Wind
1 Hughes, Richard	82 U.T.S. North	35.69	1.0
2 Sharpe, Brian	84 Mingara Athl	46.98	1.0

Men 400 Meter 80+

Name	Age Team	Finals
1 Hughes, Richard	82 U.T.S. North	1:24.77

Men 800 Meter 80+

Name	Age Team	Finals
1 Hughes, Richard	82 U.T.S. North	3:35.11

Men Discus 1kg 80+

Name	Age Team	Finals
1 Bennett, Roy	83 Nsw Masters	16.34m
		16.34m 15.19m 15.22m 14.43m

Men Javelin 400g 80+

Name	Age Team	Finals
1 Bennett, Roy	83 Nsw Masters	16.86m
		16.86m 14.78m 15.32m 15.82m 16.20m 16.37m
2 Sharpe, Brian	84 Mingara Athl	14.32m
		12.25m 13.89m 14.38m 12.03m PASS 13.41m