

Athletics NSW Heat Guidelines



The issue of Heat levels and when to allow competition to proceed/stop is complicated by at least the following issues:

- The absolute temperature,
- The radiant temperature at some parts of the ground
- The humidity level
- The wind level
- The type and duration of the event
- The time that officials have been exposed to the conditions
- Whether it is a relay/team or individual event
- The age, experience, and/or disability classification of the competitors

Consequently, it is impossible to make a simple flat statement about when events should continue or stop.

Rather it must be a judgement call by the relevant officials on the spot.