



## TRELOAR SHIELD

The Athletics NSW Treloar Shield is a club-based competition where athletes score points for their club. The emphasis is on participation and enjoyment, aiming to attract athletes of all abilities (including athletes with a disability) and standards to compete in an organised track and field competition.

Each individual event listed on the timetable of events for each round will be offered for both male and female in Under 14, Under 17, Under 20, Open, 35+, and 50+ age groups.

### 1. DATES AND VENUES

During the 2013 track and field season, the ANSW Treloar Shield will be held within eight rounds on the following dates;

<b>Round 1:</b>	19 October	SOPAC
<b>Round 2:</b>	26 October	ILL
<b>Round 3:</b>	2 November	ES Marks
<b>Round 4:</b>	9 November	SOPAC
<b>Round 5:</b>	30 November	CBT
<b>Round 6:</b>	7 December	SOPAC
<b>Round 7:</b>	14 December	BAN
<b>Round 8:</b>	21 December	SOPAC

The venues are;

<b>CBT</b>	Campbelltown - Pembroke Road, Leumeah
<b>ILL</b>	Illawong - The Ridge, Recreation Drive, Bardonia Ridge
<b>ES Marks</b>	ES Marks – Boronia Street, Moore Park
<b>BAN</b>	Bankstown - The Crest, McLean Street, Bass Hill
<b>SOPAC</b>	Sydney Olympic Park Athletic Centre - Edwin Flack Drive, Sydney Olympic Park

### 2. POINT SCORES

In 2013, two (2) separate point scores will be in operation; Age Pennants and the Treloar Shield.

#### **1. Age Pennants**

- 2.1.1 Three age pennants will be offered throughout the 2013 Treloar Shield; in the form of Open, Junior and Masters. There is no overall pennant winner but rather a junior pennant recipient, an open pennant recipient and a master's pennant recipient.
- 2.1.2 The open pennant is for athletes competing in Open Competition. The junior pennant is for athletes competing in the Under 20, Under 17 and Under 14 age groups. The master's pennant will be for athletes competing in the 35+ and 50+ age groups. Athletes may compete out of their natural age group (up an age group for juniors, or down an age group for master's athletes) and will score points in the age group of the event selected. i.e. an U17 athlete competing in U20 would score points in the U20 age group.
- 2.1.3 Each week, the points scored in each age group, by each club, across all venues, male and female, will be added together to yield the weekly point score for each



pennant. At the completion of the series, the club with the most points will be the winner.

- 2.1.4 Points will be awarded for places 1<sup>st</sup> through to 20<sup>th</sup> in each of the six (6) age groups (U14, U17, U20, Open, 35+ and 50+) as indicated in the table below.
- 2.1.5 Points allocation is subject to athletes achieving the minimum performance standard, see rule 3.2.2.
- 2.1.6 There is no limit on the number of athletes or relay teams which may score event points for a Club.

The point score system works as follows:

Place	Points
1	30
2	24
3	20
4	17
5	16
6	15
7	14
8	13
9	12
10	11
11	10
12	9
13	8
14	7
15	6
16	5
17	4
18	3
19	2
20	1

### 3 Treloar Shield

- 2.2.1 Point scoring for the Treloar Shield will be based on the place achieved by the club after each competition round. The competition round place is determined by the total point score from each age pennant category, adjusted to give equal weighting to each category being scored (Open pennant points (with 1 scoring age group) are multiplied by 3, Master's pennant points (with 2 scoring age groups – 35+ and 50+ ) are multiplied by 1.5, Junior pennant points (with 3 scoring age groups – U14, U17 U20) are multiplied by 1).
- 2.2.2 **Treloar Shield Points** will be allocated after each competition round. The club who has the most points from the round is ranked 1<sup>st</sup> and thus awarded 1 Treloar Shield Point, the club who is ranked 2<sup>nd</sup> from the weekly point score is awarded 2 Treloar Shield Points and so on. If Clubs have equal scores for a round, they will both get the Treloar Shield Points for that place.



- 2.2.3 The team with the fewest Treloar Shield Points accumulated will be the winner of the Treloar Shield for the 2013 season.
- 2.2.4 A Club which does not compete at any given round is allocated last place plus 2 Treloar Shield Points.
- 2.2.5 In the event of a tie in the Treloar Shield Points for the top three (3) places at the end of the season, the tie will be resolved by using the total of the point scores from all rounds. Ties for other places will remain.

### **3. RULES AND PROCEDURES**

**NB:** The rules below apply to the Treloar Shield rounds only.

#### **1. Entries and Events**

- 3.1.1 Athletes must be registered and may only compete for one Club throughout the Treloar Shield competition. Registration is not available on the day at the ANSW Treloar Shield meets. Clubs will need to organise athlete registration before the day of competition.
- 3.1.2. Ages are calculated as at December 31 of the year of competition for all age groups (including junior and masters age groups).
- 3.1.3 Athletes are to enter online at an entry cost of \$5 for unlimited events. Pre entry allows Athletics NSW to provide athletes with a precise timetable and event entry list before arriving at the venue. Please note online entry requires credit card payment. Athletes without a credit card or internet access should contact the Athletics NSW office well in advance of the closing date to arrange an alternative entry.
- 3.1.4 On the day entry is available. On the day entry will incur a higher fee of \$10 and entry must be completed one (1) hour prior to the athlete's first event and it is requested that you have your bib numbers and events ready when entering on the day.
- 3.1.5 For all Treloar Shield rounds, athletes must report to athlete check in at least 1 hour prior to the event start time.
- 3.1.6 Athletes registered outside of NSW are encouraged to compete and will have no impact on the point scores.
- 3.1.7 Athletes must have their 2013-14 registration numbers sewn on or attached with 4 pins front and 4 pins on the back (except in pole vault and high jump events), so they can be easily read. Temporary numbers, valid for one day only, may be issued by the ANSW staff to current registered athletes upon payment of a \$5 fee at the venue in order to be eligible to compete. It is unacceptable to fold the number so the Athletics NSW and/or sponsor endorsement cannot be read. Athletes may be asked to adjust the number before competition commences.
- 3.1.8 On each day, athletes may only enter and contest one pool or race in an event.
- 3.1.9 On each day, an athlete may only use one weight implement in shot, javelin, discus or hammer events.
- 3.1.10 On each day, an athlete may run in only one 80m/90m/100m/110m hurdle race and in one 200m or 400m hurdle race.
- 3.1.11 An athlete may not run more than one relay leg or for more than one relay team.
- 3.1.12 Athletes may use implements or race in accordance with event specifications for that athlete's age. Performances will be recognised for point scoring in the Under 14, Under 17, Under 20, Open, 35+ and 50+ as appropriate, without any further adjustment of the recorded time or distance to determine places.
- 3.1.13 In the timetable of events at each venue, all events are offered for male and female, Under 14, Under 17, Under 20, Open, 35+ and 50+ except relays, 3000m, and



5000m run, 1500m, 3000m, and 5000m walk, 80m, 90m hurdles and steeplechase as set out in rules 3.1.14 to 3.1.17 below.

- 3.1.14 Relays are only offered in the Open age group.
- 3.1.15 The 5000m walk will only be offered in the U20, Open and 35+ age groups. The 3000m walk will be offered in the Under 14, Under 17 and 50+ age group. The 1500m walk will only be offered in the Under 14 age group.
- 3.1.16 90m and 80m hurdles are only available for males U14 or 70+, and for females U16 and 40+.
- 3.1.17 Events may be cancelled if the Technical Delegate considers the equipment or site to be unsafe.
- 3.1.18 **Field Events-**
- Field reporting time is 20 minutes before the start time at the event site, to allow warm up attempts to occur prior to the scheduled start time.
  - Field event pools are arranged by implement weight, starting height, take off board, or distance expected to be jumped.
  - Events begin at the time scheduled. Athletes who report later may receive fewer warm up attempts. Athletes who report after the commencement of the competition may only be permitted to compete at the discretion of the event referee.
  - In field events for distance, **there will be 4 rounds** and each athlete may have one attempt in each round. There will be markers along the sandpit or on the sector lines to indicate the minimum performance standard. Performances below these marks may not be measured; doubtful performances may be measured at the discretion of the event official.
  - When there are two or more pools in an event, the results of both pools will be combined for point score purposes.
- 3.1.19 **Track Events-**
- Track reporting time is 15 minutes before the start time, at the event start area, to provide time to seed races.
  - Competition order for track events is female first (Open, U14, U17, U20, 35+ and 50+) then male (Open, U14, U17, U20, 35+ and 50+) except for hurdles which will be 110m followed by 100m, 90m, 80m and 400m hurdles, men followed by the women and the 0.914m hurdle steeplechase will precede the 0.762 hurdle steeple chase; the 3000m and 2000m will be run concurrently if fields are small (as determined by the Technical Delegate).
  - Races within age groups will be seeded, with the lanes drawn by lot (IAAF Rule 166.8), except the races specified in (d) below.
  - Races for all age groups may be combined if there are insufficient numbers for separate races.
- 3.1.20 **Relays-**
- A Club is to advise relay teams 30 minutes prior to the scheduled start time to allow athletes and umpires to be advised of the lane draw. The athletes' names and running order do not need to be declared.
- 3.1.21 **Resolving Ties-**
- Count back rules will be applied across pools in field events to determine overall event places.
  - Equal times in the same heat of a track event may be given separate places by the judges.
  - When times are equal and track judges have not awarded a dead heat in a race, the judge's placing will be used. Equal times in different heats of a track event will gain the same place as the higher placed athlete with that time in other heats.



3.1.22 If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events and where appropriate the referee may change the field event competition order in any given round. However, if an athlete misses their attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt.  
NOTE - the Little Athletics rule of track taking precedent over field does not apply to IAAF rules. Athletes will need to manage their own events and liaise with event Technical Officials.

## 2. Minimum Scoring Standards-

- 3.2.1 For safety reasons there are minimum performance standards in some events.  
3.2.2 Equivalent minimum performance standards to score points for your Club team have been set in other events. These are outlined below:

Event	Men	Women	Event	Men and Women
<b>100</b>	No standards	No standards	<b>High</b>	1.20
<b>200</b>	No standards	No standards	<b>Pole</b>	2.00
<b>400</b>	No standards	No standards	<b>Long</b>	3.50
<b>800</b>	No standards	No standards	<b>Triple</b>	8.00
<b>1500</b>	No standards	No standards	<b>Shot</b>	7.00
<b>3000</b>	13-00.0	16-00.0	<b>Discus</b>	15.00
<b>5000</b>	23-00.0	28-00.0	<b>Hammer</b>	18.00
<b>10000</b>	42:00.0	45:00.0		
<b>110 / 100h</b>	23.0	23.0	<b>Javelin</b>	15.00
<b>90 / 80h</b>	20.0	20.0		
<b>200h</b>	35.0	45.0	<b>Relays</b>	No standards
<b>400h</b>	1-20.0	1-40.0		
<b>2000 s/c</b>	9-00.0	10-00.0		
<b>3000 s/c</b>	13-30.0	15-30.0		
<b>1500 walk</b>	10-00.0	10-00.0		
<b>3000 walk</b>	20-00.0	20-00.0		
<b>5000 walk</b>	35-00.0	35-00.0		

## 3. Competition Officials-

- 3.3.1 Athletics NSW will endeavour to appoint as many technical officials as possible, however every club which has athletes competing at a venue is expected to provide officials and/or volunteers as required/requested by the Meeting Manager. The ANSW Club Premiership provides an opportunity to increase the number of officials who are experienced at conducting various levels of competitions.  
3.3.2 Events will be cancelled if insufficient officials are available.